

Stars*

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Johanna Barnes (USA) - June 2013
音樂: Stars - Grace Potter & The Nocturnals : (Album Version)



16 count intro, Tag at the end of phrases 2, 4, and 5

[1~8]: L NC2 BASIC, R REVERSE TURNING BASIC, R CROSS ROCK-RECOVER-SIDE- L CROSS, ¼ L

- 1 L step to left side
- 2 R step back and behind L
- & L step across R
- 3 * turn ¼ left stepping back onto R (9:00)
- 4 * L step back
- & * R step back
- 5 turn ¼ left and step to L side (6:00)
- 6 R rock forward and across L
- 7 return weight onto L
- & R step to right side
- 8 L step across R
- & turn ¼ left stepping back onto R

* Counts 3-5 are a rounded movement turning over your left shoulder, as you reach back with steps on 3, 4, &.

[9~16]: ¼ L, R CROSS, L ROCK-RECOVER-CROSS, STEP R, ½ SPIRAL TURN L, WALK L R, STEP L, ¼ R, L CROSS, RECOVER R

- 1 turn ¼ left stepping L to left side (12:00)
- 2 R step across L
- 3 rock L to left side
- & return weight to R
- 4 L step across R
- & small step onto R as you make ½ turn left
- 5 L step forward (6:00)
- 6 R step forward
- 7 L step forward
- & ¼ turn right taking weight R (9:00)
- 8 L rock forward and across R
- & return weight onto R

[17~25]: L NC2 BASIC, R REACH, ¼ - ½ L CLOSE, BACK L, R COASTER STEP, L CHASE ½ TURN R

- 1 L step to L side
 - 2 R step back and behind L
 - & L step across R
 - 3 R step to right side*
- *take ribcage to right, leaving L toe in place
- 4 turn ¼ left and take weight onto L (6:00)
 - & make a ½ turn left as you close R next to L
(take weight onto R) (12:00)
 - 5 L step back
 - 6 R step back
 - & L step next to R
 - 7 R step forward
 - 8 L step forward

& ½ turn right taking weight onto R (6:00)
1 L step forward

[26~32]: R STEP, ¼ TURN L, R CROSS, L SIDE, SWEEPS L - R, R BEHIND, SWAY L - R

2 R step forward
3 ¼ turn left taking weight onto L (3:00)
4 R step across L
& L step to left side
0a h R step behind L
5 sweep L front to back
0a h L step back behind R
6 sweep R from front to back
7 R step back behind L
8 step L to left side as you sway left
& sway onto R (preparing to push off R)

(BEGIN AGAIN, and most certainly DWYF!)

TAG: Occurs at the end of phrases 2, 4 and 5:

1-4 Left side basic (1, 2, &), Right side basic (3, 4, &)

ENDING: The music slows just as you begin the 7th phrase. After count 7, turn in place to the right with R arm extended up to the stars (small steps with music).

Complete your turn to face the center of the floor (optimally dancers facing each other) as you bring your right arm down. Interpret the ending for your soul!

This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

Contact: Johanna@dancewhatyoufeel.com ~ www.dancewhatyoufeel.com ~ 203.464.5322
