Slip

拍數: 64 **牆數:** 4 **級數:** Improver

編舞者: Mary E Richardson (SCO) - 2013

音樂: Slip - Stooshe

20 Count - 5 seconds Intro

Section 1 - Sweep/Circle foot clockwise x2 – Step Back – Touch x2

1 2 3 4	Face Left Diagonal and circle right foot in small circle x2
5 6	Step back on right, touch left beside right
7 8	step back on left, touch right beside left

Section 2 – Kick x2 – Back Rock- Forward Rock – Step Together -Swivel Heels

1 2 3 4	Kick right foot forward twice, rock back on right, recover onto left
5 6 7 8	Rock forward on right, recover onto left, step right in place, swivel both heels to left and centre

Section 3 - Chasse Right – Back Rock - Chasse Left – Back Rock

1&2	Step right to right side, close left beside right, step right to right side
3 4	Rock back on left, recover onto right
5&6	Step left to left side, close right beside left, step left to left side
7 8	Rock back on right , recover onto left

Section 4 - Toe Struts x4 Turning Clockwise in own Circle To Front

1 2	Step ¼ turn right on right toe, Drop right heel to floor
3 4	Step ¼ turn right on left toe, drop left heel to floor
5 6	Step ¼ turn right on right toe, drop right heel to floor
7 8	Step ¼ turn right on left toe , drop left heel to floor

Section 5 – Step Cross – hold -Step Cross -hold – Grapevine Right – Heel Touch

&1 2	Step right to right side, quickly step left across right, hold
&3 4	Step right to right side, quickly step left across right, hold
5 6 7 8	Step right to right side, cross left behind right , step right to right , touch left diagonally forward

Section 6 - Step Cross- Hold – Step Cross – Hold – Grapevine Left – Touch

&1 2	Step left to left side, quickly step right across left, hold
&3 4	Step left to left side, quickly step right across left, hold
5 6 7 8	Step left to left side, cross right behind left, step left to left side, touch right heel diag forward

Section 7 – Monterey ½ Turn x2

1 2	right out to right side, step right beside left making ½ turn right
3 4	touch left to left side, step left beside right
5 6	touch right out to right side, step left beside right making ½ turn right
7 8	touch left to left side, step left beside right

Section 8 – Brush Steps ¼ Turn Right – Shuffle Forwards – Brush Steps – Shuffle Forwards

1	Brush right toe up, step down on right making ¼ turn right
2	Brush left toe up, step down on left
3&4	Shuffle forward, right, left, right
5	Brush left toe up, step down on left
6	Brush right toe up, step down on right
7&8	Shuffle forward, left, right, left