

Danzare

拍數: 64 牆數: 2 級數: Phrased Beginner
編舞者: Q. Beez - June 2013
音樂: Danzare (feat. Toni Tuklan) (Radio Version) - Vito Lavita



Ablauf: AB Tag ABB Tag Tag AABB

Teil A:

SIDE, TOGETHER, CHASSÉ, CROSS ROCK, CHASSÉ TURN

- 1 RF step side
- 2 LF together
- 3 RF step side
- & together
- 4 RF step side
- 5 LF cross rock
- 6 RF recover
- 7 LF step side
- & RF together, ¼ turn ccw
- 8 LF step forward

STEP, HOLD, AND STEP, HOLD, ROCK STEP, COASTER STEP

- 1 RF step forward
- 2 hold
- & LF together
- 3 RF step forward
- 4 hold
- 5 LF rock forward
- 6 RF recover
- 7 LF step backward
- & RF together
- 8 LF step forward

PADDLE TURN, ROCK STEP, COASTER STEP

- 1 RF touch forward
- 2 1/8 Turn Ccw
- (option: swing hips)
- 3 RF touch forward
- 4 1/8 Turn Ccw
- (option: swing hips)
- 5 RF rock forward
- 6 LF recover
- 7 RF step backward
- & LF together
- 8 RF step forward

SIDE, HOLD, TOGETHER, SIDE ROCK, SAILOR TURN, OUT OUT IN IN

- 1 LF step side
- 2 hold
- & RF together
- 3 LF rock side
- 4 RF recover
- 5 LF cross backward, start ½ turn ccw

& RF step side
6 LF step forward bzw. Side
& RF step side (out)
7 LF step side (out)
& RF step center (in)
8 LF step center (in)

Teil B:

MAMBO STEPS, Side Rock Cross

1 RF rock forward
& LF recover
2 RF together
3 LF rock backward
& RF recover
4 LF together
5 RF rock side
& LF recover
6 RF cross forward
7 LF rock side
& RF recover
8 LF cross forward

RUMBA BOX, SHUFFLE TURN, MAMBO

1 RF step seit
& LF together
2 RF step forward
3 LF step seit
& RF together
4 LF step backward $\frac{1}{4}$ turn cw
5 RF step side
& LF together $\frac{1}{4}$, turn cw
6 RF step forward
7 LF step side
& RF recover
8 LF together

MAMBO STEPS, Side Rock Cross

repeat as above

RUMBA BOX, SHUFFLE TURN, TRIPLE TURN (OPTION: HOPPING)

Repeat as above but then...

1 RF step side
& LF together
2 RF step forward
3 LF step side
& RF together
4 LF step backward $\frac{1}{4}$ Turn cw
5 RF step side
& LF together $\frac{1}{4}$, Turn cw
6 RF step forward
7 LF step in place (Option: hop)
& RF step in place (Option: hop)
8 LF step in place (Option: hop)

TAG 1-4: schwing hips R, L, R, L

HAVE FUN DANCING ?

Last Revision - 5th June 2013
