

# Live the Life

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Karen Kennedy (SCO) - June 2013  
音樂: Live the Life - Rod Stewart : (Album: Time - Deluxe Version)



Intro:- 16 count – Start on the word “ EMAIL”

## POINT SIDE, FRONT, SIDE, BEHIND, RIGHT GRAPEVINE

- 1 -2            Point right toe to right side, point right toe in front of left
- 3 -4            Point right toe to right side, point right toe behind left heel
- 5 -6            Step right to right side, cross left behind right
- 7 -8            Step right to right side, touch left beside right

## LEFT ROLLING GRAPEVINE, TOUCH, RIGHT ROCKING CHAIR

- 1 -2            ¼ turn left stepping forward on left(9.00), ½ turn left stepping back on right (3.00)
- 3 -4            ¼ turn left stepping left to left side, touch right beside left (12.00)
- 5 -6            Rock forward on right, recover on left
- 7 -8            Rock back on right, recover on left

## ¼ RIGHT JAZZBOX CROSS, POINT SIDE, CROSS, POINT SIDE, BEHIND

- 1 -2            Cross right over left, step back on left
- 3 -4            ¼ turn right stepping right to right side, cross left over right (3.00)
- 5 -6            Point right to right side, step right foot forward in front of left
- 7 -8            Point left to left side, step left foot back behind right

## POINT BACK, ½ REVERSE, ½ PIVOT, STEP, FULL TURN, STEP

- 1 -2            Point right toe back, unwind ½ right stepping onto right foot (9.00)
- 3 -4            Step forward on left, pivot ½ turn right (3.00)
- 5 -6            Step forward on left, ½ turn left stepping back on right (9.00)
- 7 -8            Turn ½ left stepping forward on left, step forward on right (3.00)

\* Add tag here during wall 3

## LEFT ROCKING CHAIR, ¼ PIVOT CROSS, SIDE,

- 1 -2            Rock forward on left, recover on right
- 3 -4            Rock back on left, recover on right (3.00)
- 5 -6            Step forward on left, ¼ pivot right (6.00)
- 7 -8            Cross left over right, step right to right side

## BEHIND, ¼ TURN, ¼ PIVOT, CROSS, POINT, CROSS, POINT

- 1 -2            Cross left behind right, ¼ turn right stepping forward on right (9.00)
- 3 -4            Step forward on left, ¼ pivot right (12.00)
- 5 -6            Cross step left over right, point right to right side,
- 7 -8            Cross step right over left, point left to left side (12.00)

## STEP BACK, ½ REVERSE, ½ PIVOT, STEP, FULL TURN, STEP

- 1 -2            Step left foot back , ½ reverse turn right stepping on right (6.00)
- 3 -4            Step forward on left, pivot ½ turn right (12.00)
- 5 -6            Step forward on left, ½ turn left stepping back on right (6.00)
- 7 -8            ½ turn left stepping forward on left\* (Restart), step forward on right (12.00)

\* Restart wall 6, dance count 7 & start again.

## LEFT ROCKING CHAIR, CROSS, BACK, ¼ TURN, DRAG

- 1 -2            Rock forward on left, recover on right

- 3 -4            Rock back on left, recover on right  
5 -6            Cross left over right, step back on right  
7 -8            Take long step with  $\frac{1}{4}$  turn left stepping left to left side, drag right beside left

#### **START AGAIN**

**TAG:-** During wall 3 dance the first 32 counts and add the following 4 count Tag to take you to the opposite side wall to Restart the dance at wall 4.

#### **ROCK FORWARD, RECOVER, REVERSE $\frac{1}{2}$ TURN, TOUCH**

- 1 -2            Rock forward on left, recover on right  
3 -4             $\frac{1}{2}$  reverse turn left stepping forward on left, touch right in place

**RESTART:-** During wall 6 a restart comes in during section 7 of the dance. Dance to count 7 and then Restart the dance from the beginning.

On count 7 you finish with the weight on the left foot which allows you to Restart the dance with the right foot going to the side.

#### **Note:-**

Wall 6 and wall 7 both start facing the same side wall due to the Restart during wall 6.

Tag takes you to the side wall which keeps the dance as four walls.

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