

Howling Stone

COPPERKNOB
STEPSHETS

拍數: 68 牆數: 0 級數: Intermediate
編舞者: Sofia (NL) - June 2013
音樂: Sleep - Allen Stone : (2:27)



Intro: 16 counts – start on vocals. Dance Phrased: A,B,B,A,B,B,B,A

A - 60 counts

[1-8] Walk x2, lockstep, mambo step, cross, step back, toe touch right.

- 1 RF step forward
- 2 LF step forward
- 3 RF step forward
- & LF lock behind RF
- 4 RF step forward
- 5 & LF rock forward, recover weight
- 6 LF step back
- 7 RF cross over LF
- & LF step back
- 8 RF toe touch to the right side

[9-16] Step back, ¼ turn left, cross shuffle, ¼ turn right x2, cross shuffle.

- 1 RF step back
- 2 LF ¼ turn left step aside [9]
- 3 RF cross over LF
- & LF step aside
- 4 RF cross over LF
- 5 LF ¼ turn right step back [12]
- 6 RF ¼ turn right step aside [3]
- 7 LF cross over RF
- & RF step aside
- 8 LF cross over RF

[17-24] Scissor step, ½ rumba box, mambo step, ½ turn left, step forward.

- 1 RF step aside
- & LF next to RF
- 2 RF cross over LF
- 3 LF step aside
- & RF next to LF
- 4 LF step forward
- 5& RF rock forward, recover weight
- 6 RF step back
- 7 LF ½ turn left step forward [9]
- 8 RF step forward

[25-32] Scissor step, ½ rumba box, mambo step, ½ turn right, step forward.

- 1 LF step aside
- & RF next to LF
- 2 LF cross over RF
- 3 RF step aside
- & LF next to RF
- 4 RF step forward
- 5& LF rock forward, recover weight

- 6 LF step back
- 7 RF ½ turn right step forward [3]
- 8 LF step forward

[33-40] Charleston step, lockstep, left mambo step.

- 1 RF sweep toe forward and touch forward
- 2 RF sweep toe backwards and step back
- 3 LF sweep toe backwards and touch back
- 4 LF sweep toe forward and step forward
- 5 RF step forward
- & LF lock behind RF
- 6 RF step forward
- 7& LF rock to the left side, recover weight
- 8 LF step forward

[41-48] Charleston step, mambo step, coaster cross.

- 1 RF sweep toe forward and touch forward
- 2 RF sweep toe backwards and step back
- 3 LF sweep toe backwards and touch back
- 4 LF sweep toe forward and step forward
- 5& RF rock forward, recover weight
- 6 RF step back
- 7 LF step back
- & RF next to LF
- 8 LF cross over RF

[49-56] Weave, scissor step, chasse, ½ turn right chasse.

- 1 RF step aside
- & LF cross behind RF
- 2 RF step aside
- & LF cross over RF
- 3 RF step aside
- & LF next to RF
- 4 RF cross over LF
- 5 LF step aside
- & RF next to LF
- 6 LF step aside
- 7 RF ½ turn right step aside [9]
- & LF next to RF
- 8 RF step aside

[57-60] ¼ turn left, step, ½ pivot turn left, toe touch.

- 1 LF ¼ turn left step forward [6]
- 2 RF step forward
- 3 R+L pivot ½ turn left [12]
- 4 RF toe touch next to LF *

B - 8 counts

[1-8] ¼ turn right, toe touch, step back, toe touch, jazz box.

- 1 RF ¼ turn right step forward [3]
- 2 LF toe touch behind RF
- 3 LF step back
- 4 RF toe touch next to LF
- 5 RF cross over LF

- 6 LF step back
- 7 RF step aside
- 8 LF next to RF

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