

Let Her Go

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Christine Tyson (AUS) - May 2013
音樂: Let Her Go - Passenger : (Album: All The Little Lights - 4:13)



Intro: Slow 48count and start on the word 'Lights' ('Only need the LIGHTS')

[1-8] ¼ R step R fwd, ¾ R turn on ball L foot, R side shuffle ¼ R turn, L Rocking chair fwd, L Rock fwd, recover to R, bht ¼ L step fwd on L

1,2,3&4 Turn ¼ R step R fwd, step fwd on ball of L foot turning ¾, step R to R side, step L beside R, Step R to R side turning 1/8 to R, (1.30)

5&6&7&8 Rock L foot fwd, recover to R, rock back on L, recover to R, rock L fwd, recover to R, turning 3/8 L step fwd on L (9oclock)

[9-16] Stepping fwd on ball of R foot turn 360deg L, step L fwd, R shuffle fwd, L coaster fwd, sweep R out step behind L, sweep L out step behind R,

1,2,3&4 Step fwd on the ball of R foot turning 360deg L, step L fwd, step R fwd, step L beside R, Step R fwd

5&6,7,8 Step L fwd, step R beside L, step back on L, Sweep R out & around step behind L, sweep L out and round step behind R

[17-24] Sweep R out behind L, L to L side, cross R over L, unwind L ¾, L back coaster cross, R rock & Cross

1&2,3,4 Sweep R out & step behind L, L to L side, cross R over L, L ¾ unwind over 2 counts,

5&6,7&8 Step L back, step R beside L, step L fwd over R, Rock R out to R side slightly fwd, step L slightly fwd, step R fwd over L, (12oclock)

[25-32] L rock & Cross, turn 1/8 L R back Lock, ½ L turn step L fwd, 1/8 L step R to R side, L Sailor step

1&2,3&4 Rock L out to L side slightly fwd, step R slightly fwd, step L fwd over R, turning 1/8 L step Back on R, cross L over R, step back on R

5,6,7&8 turning ½ L step fwd on L, ** turning 1/8 L step R to R side, step L behind R, step R to R side, step L to L side (3oclock) (**end on wall 6 facing 12 oclock)

[33-40] Turn 1/8 R do R back Lock, turn ½ L do L fwd Lock, step R to R side and do R,L,R L hip bumps

1&2,3&4 Turn 1/8 R step R back, lock L over R, step back on R, turning ½ L step L fwd, Lock R behind L, step fwd on L

5,6,7,8 step R to R side and sway hips R,L,R L (9oclock)

[41-48] Step R behind L, L to L side, cross R over L, L 180deg unwind over 2 counts, L ½ Pivot on R, L ¼ pivot on R, R fwd coaster, step L beside R

1&2,2,4 Step R behind L, step L to L side, cross R over L, L 180deg unwind over 2 counts, (3oclock)

5&6&7&8& Step R fwd ½ L pivot, weight to L, step R fwd ¼ L pivot, weight to L, step R fwd, step L beside R, step R back, step L beside R

Begin dance again. 6 oclock

**Dance ends wall 6 ** music pauses in a few places, dance through this to count 28, (R back Lock)
Instead of turning ½ L diag on count 29 only turn 3/8 stepping L to L side drag R to L to end 12oclock**

Contact: tctys101@gmail.com