

Opposites Attract

拍數: 64 牆數: 2 級數: Improver
編舞者: Julie Lockton (ES) & Caroline Cooper (UK) - June 2013
音樂: Opposites Attract - Paula Abdul



COUNT IN: 18 SECS (On vocals "baby...")

SECTION 1: RIGHT BACK ROCK, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, LEFT COASTER STEP

1-2 Rock back right, recover weight left
3&4 Step forward right, bring left up to right, step forward on right
5-6 Rock forward left, recover weight right
7&8 Step back left, bring right up to left, step forward on left

SECTION 2: RIGHT SIDE, CLOSE, SHUFFLE FORWARD RIGHT, LEFT SIDE, CLOSE, SHUFFLE BACK LEFT

1-2 Step right to right side, close left next to right
3&4 Step forward right, bring left up to right, step forward right
5-6 Step left to left side, close right next to left
7&8 Step back left, bring right up to left, step back left

SECTION 3: RIGHT BACK ROCK, RECOVER, ¼ LEFT, CHASSE RIGHT, BACK ROCK, RECOVER, KICK BALL CROSS

1-2 Rock back right, recover weight left
3&4 ¼ left (09:00) stepping right to right side, close left to right, step right to right side
5-6 Rock back left, recover weight right
7&8 Kick left forward, close left next to right, cross right over left

SECTION 4: LEFT SIDE, HOLD, & SIDE TOUCH, ½ MONTARY TURN RIGHT

1-2 Step left to left side, hold
&3-4 Bring right next to left, step left to left side, touch right next to left
5-6 Point right to right side, ½ turn (03:00) stepping right next to left
7-8 Point left to left side, close left next to right

SECTION 5: ROCK RECOVER, BEHIND, SIDE, CROSS, ROCK, HOLD, ¼ RIGHT SHUFFLE

1-2 Rock onto the right, recover onto left
3&4 Step right behind left, step left to left side, cross right over left
5-6 Rock onto left, hold
7&8 ¼ turn (06:00) shuffle R/L/R

SECTION 6: KICK BALL CROSS, KICK BALL CROSS, STEP, HOLD, RIGHT COASTER STEP

1&2 Kick left forward, step onto left ball, cross right over left
3&4 Kick left forward, step onto left ball, cross right over left
5-6 Step left to left side, hold
7&8 step back on right, step left to right, step forward on right

SECTION 7: LEFT STRUTT, RIGHT STRUTT, ROCK RECOVER, SHUFFLE ½ TURN

1-2-3-4 Step forward on left toe, step down on left heel, step forward on right toe, step down on right heel
5-6 Rock forward onto left, recover onto right
7&8 make ½ turn shuffle over left shoulder L/R/L (12:00)

SECTION 8: SWAY, SWAY, BEHIND, SIDE, FRONT, SWAY, SWAY, SAILOR ½ TURN

1-2 Step right to right side swaying hips, sway hips left
3&4 step right behind left, step left to left side, step right across left
5-6 Step left to left side swaying hips, sway hips right
7&8 step left behind right, make ½ turn (06:00) step right to right side, step onto left

START THE DANCE AGAIN AT 06:00

CONTACT DETAILS :-

CAROLINE: coolcoopers@yahoo.com

JULIE: cbaholiday@gmail.com
