Beautiful All Over

拍數: 32

級數: Intermediate Cha

編舞者: John Dembiec (USA) - June 2013

音樂: #Beautiful (feat. Miguel) - Mariah Carey

32 count intro/start on vocals - (No tags/re-starts)

[1-8] STEP, CROSS ROCK, SIDE CHA, 14, 14, SWEEP, SAILOR

- Step L to L, Cross rock R over L 1-2
- 3-4& Replace to L, Step R to R, Step L next to R
- 5-6 Making ¼ turn R Step R forward, Making ¼ turn R Step L to L
- 7-8& Sweep R from front to back (weight stays on L), Step R behind L, Step L to L

[9-16] STEP, CROSS ROCK, CHA FORWARD, 1/4 HITCH, STEP, SIDE ROCK

- 1-2 Step R to R, Cross rock L over R
- 3-4& Replace to L, (Facing R diagonal)Step onto L, Step R next to L
- 5-6 Step L forward, Making ¼ turn L Hitch R knee up (Facing L diagonal, weight still on L)
- Bring R down over L (weight is now on R), Side rock L to L, Replace to R (Facing straight) 7-8&

[17-24] CROSS, STEP, ½ TURN, CHA FORWARD, ¼ JAZZ BOX, SIDE CHA

- 1-2 Cross L over R, Step R back
- 3-4& Making 1/2 turn L Step forward on L, Step R forward, Step L next to R
- 5-6 Step R forward, Cross L over R
- 7-8& Step R back, Making 1/4 turn L Step L to L, Step R next to L

[25-32] STEP, CROSS ROCK, SIDE CHA, SKATE STEPS, DIAGONAL CHA

- 1-2 Step L to L, Cross rock R over L
- 3-4& Replace to L, Step R to R, Step L next to R
- 5-6 Skate R forward, Skate L forward
- 7-8& Skate R forward, Moving forward to the L diagonal Step L forward, Step R next to L

REPEAT AND HAVE FUN !!!!!!!!





牆數:4