

A Reason

拍數: 68 牆數: 4
編舞者: Denise Schröder (DE) - June 2013
音樂: Just Give Me a Reason - P!nk

級數: Phrased Intermediate WCS



Sequence: AA, B, C, BB, CC, BB, CC, BBB

Start: 16 Counts, Start on vocal

PART: A - 32 counts

[1-8] RIGHT SIDE PASS, PIVOT TURN

1,2 Step RF forward, Step LF forward
3&4 Step RF with ¼ turn left, Cross LF over RF, Step RF with ¼ turn left back
5&6 Step LF behind RF, Step RF in place, Step LF in place
7,8 Step RF forward with ½ turn right, Step LF back

[9-16] COASTER STEP, HIP ROLL, STEP LOCK STEP, TURN, TURN

1&2 Step RF back, Step LF together, Step RF forward
3,4 Rolling left hip to the left front to back, weight on LF
5&6 Step RF forward, Lock LF behind RF, Step RF forward
7,8 Step LF forward with ½ turn right, Step RF forward with ½ turn right

[17-24] PRESS SWEEP, BEHIND SIDE CROSS, SPIRAL TURN, SIDE ROCK

1,2 Press LF forward, Recover on RF while sweeping LF from front to back
3&4 Cross LF behind RF, Step RF to side, Cross LF over RF
5,6 Full turn over right shoulder ending with weight on LF
7,8 Step RF to right side, Recover on LF

[25-32] BASIC WHIP

1,2 Step RF forward with ½ turn right, Step LF back
3&4 Step RF back, Step LF together, Step RF forward
5,6 Step LF forward with ½ turn right, Step RF back
7&8 Step LF behind RF, Step RF in place, Step LF in place

PART: B - 32 counts

[1-6] TUCK TURN

1,2 Step RF forward, Step LF forward, rotate shoulders
3&4 Step RF to right side, Recover on LF, Step RF forward with ½ turn right
5&6 Step LF behind RF, Step RF in place, Step LF in place

[7-12] MODIFIED RIGHT SIDE PASS

1,2 Step RF forward, Step LF forward
3&4 Step RF with ¼ turn left, Cross LF over RF, Step RF with ½ turn left back while sweeping LF from front to back
5&6 Step LF behind RF, Step RF in place, Step LF in place

[13-18] SUGAR TUCK

1,2 Step RF forward, Step LF forward
3&4 Step ball of RF behind LF, Step LF in place, ½ Turn right step RF forward
5&6 ½ Turn right step LF behind RF, Step RF in place, Step LF in place

[19-24] WALK, WALK, MAMBO STEP, BACK LOCK BACK

1,2 Step RF forward, Step LF forward
3&4 Step RF forward, Recover on LF, Step RF together

5&6 Step LF back, Lock RF across LF, Step LF back

[25-32] TOUCH, TURN, SCISSOR STEP, PIVOT TURN, ANCHOR STEP

1,2 Touch RF behind LF, ½ Turn right weight on RF

3&4 Step LF to left side, Step RF together, Cross LF over RF

5,6 Step RF forward with ½ turn left

7&8 Step LF behind RF, Step RF in place, Step LF in place

PART: C - 4 counts

[1-4] ROCKING CHAIR

1,2 Step RF forward, Recover on LF

3,4 Step RF back, Recover on LF

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