

Cross My Heart

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandy Goodman (USA) - May 2013
音樂: One More Night - Maroon 5



16 count intro. Start on the lyrics.

Walk, Walk, Chase ½ Turn Left, Cross/Push-Recover-Step, Cross/Push-Recover-Step

1 - 2 Walk forward Right (1), Walk forward Left (2)
3 & 4 Step Right forward (3), Pivot ½ turn left - weight on Left (&), Step Right forward (4)
5 & 6 Cross Left/push hips fwd. over right (5), Recover on Right (&), Step Left together (8)
7 & 8 Cross Right/push hips fwd. over left (7), Recover on Left (&), Step Right together (8)

Walk, Walk, Chase ½ Turn Right, Cross/Push-Recover-Step, Cross/Push-Recover-Step

1 - 2 Walk forward Left (1), Walk forward Right (2)
3 & 4 Step Left forward (3), Pivot ½ turn right - weight on Right (&), Step Left forward (4)
5 & 6 Cross Right/push hips fwd. over left (5), Recover on Left (&), Step Right together (8)
7 & 8 Cross Left/push hips fwd. over right (7), Recover on Right (&), Step Left together (8)

Kick-Step, Side Rock-Step (x2), Jazz Box With ¼ Turn Right

1&2& Kick Right fwd. (1), Step Right together (&), Rock Left side left (2), Recover onto Right (&)
3&4& Kick Left fwd. (3), Step Left together (&), Rock Right side right (4), Recover onto Left (&)
5 - 8 Cross Right over left (5), Step Left back (6), Step Right ¼ turn right (7), Step Left together (8)

Kick-Step, Side Rock-Step (x2), Jazz Box With ¼ Turn Right

1&2& Kick Right fwd. (1), Step Right together (&), Rock Left side left (2), Recover onto Right (&)
3&4& Kick Left fwd. (3), Step Left together (&), Rock Right side right (4), Recover onto Left (&)
5 - 8 Cross Right over left (5), Step Left back (6), Step Right ¼ turn right (7), Step Left together (8)

Toe-Heel, Cross Toe-Heel, Scissor Step, Toe-Heel, Cross Toe-Heel, Rock Side Left, Recover ¼ Right, Step

1&2& Step Right toe side right (1), Drop Right heel (&), Cross Left toe over right (2), Drop Left heel down (&)
3 & 4 Step Right side right (3), Step Left beside right (&), Cross Right over left (4)
5&6& Step Left toe side left (5), Drop Left heel (&), Cross Right toe over left (6), Drop Right heel down (&)
7 & 8 Rock Left side left (7), Step Right ¼ right (&), Step Left forward (8)

Kick Right Forward, Step Out-Out, Swivel in Toes-Heels-Toes, Step Side Right, Touch, Step Left ¼ Turn Right, Touch

1 & 2 Kick Right fwd. (1), Step Right out to right (&), Step Left out to left (2)
3 & 4 Swivel toes in (3), Swivel heels in (&), Swivel toes in to center (4)
5 - 6 Step Right side right (5), Touch Left (6)
7 - 8 Step Left ¼ turn right (7), Touch (8)

Toe-Heel, Cross Toe-Heel, Scissor Step, Toe-Heel, Cross Toe-Heel, Rock Side Left, Recover ¼ Right, Step

1&2& Step Right toe side right (1), Drop Right heel (&), Cross Left toe over right (2), Drop Left heel down (&)
3 & 4 Step Right side right (3), Step Left beside right (&), Cross Right over left (4)
5&6& Step Left toe side left (5), Drop Left heel (&), Cross Right toe over left (6), Drop Right heel down (&)
7 & 8 Rock Left side left (7), Step Right ¼ right (&), Step Left forward (8)

Kick Right Forward, Step Out-Out, Swivel in Toes-Heels-Toes, Step Side Right, Touch, Step Left ¼ Turn

Right, Touch

- 1 & 2 Kick Right fwd. (1), Step Right out to right (&), Step Left out to left (2)
3 & 4 Swivel toes in (3), Swivel heels in (&), Swivel toes in to center (4)
5 - 6 Step Right side right (5), Touch Left (6)
7 - 8 Step Left $\frac{1}{4}$ turn right (7), Touch (8)

Note: On the last rotation you will be facing 12:00 on these last 8 counts. Instead of making the $\frac{1}{4}$ turn right, just stay facing the 12:00 wall to finish all the steps...then pose!!

Begin Again!!!!
