

# Cross My Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Sandy Goodman (USA) - May 2013  
音樂: One More Night - Maroon 5



16 count intro. Start on the lyrics.

## Walk, Walk, Chase ½ Turn Left, Cross/Push-Recover-Step, Cross/Push-Recover-Step

1 - 2      Walk forward Right (1), Walk forward Left (2)  
3 & 4      Step Right forward (3), Pivot ½ turn left - weight on Left (&), Step Right forward (4)  
5 & 6      Cross Left/push hips fwd. over right (5), Recover on Right (&), Step Left together (8)  
7 & 8      Cross Right/push hips fwd. over left (7), Recover on Left (&), Step Right together (8)

## Walk, Walk, Chase ½ Turn Right, Cross/Push-Recover-Step, Cross/Push-Recover-Step

1 - 2      Walk forward Left (1), Walk forward Right (2)  
3 & 4      Step Left forward (3), Pivot ½ turn right - weight on Right (&), Step Left forward (4)  
5 & 6      Cross Right/push hips fwd. over left (5), Recover on Left (&), Step Right together (8)  
7 & 8      Cross Left/push hips fwd. over right (7), Recover on Right (&), Step Left together (8)

## Kick-Step, Side Rock-Step (x2), Jazz Box With ¼ Turn Right

1&2&      Kick Right fwd. (1), Step Right together (&), Rock Left side left (2), Recover onto Right (&)  
3&4&      Kick Left fwd. (3), Step Left together (&), Rock Right side right (4), Recover onto Left (&)  
5 - 8      Cross Right over left (5), Step Left back (6), Step Right ¼ turn right (7), Step Left together (8)

## Kick-Step, Side Rock-Step (x2), Jazz Box With ¼ Turn Right

1&2&      Kick Right fwd. (1), Step Right together (&), Rock Left side left (2), Recover onto Right (&)  
3&4&      Kick Left fwd. (3), Step Left together (&), Rock Right side right (4), Recover onto Left (&)  
5 - 8      Cross Right over left (5), Step Left back (6), Step Right ¼ turn right (7), Step Left together (8)

## Toe-Heel, Cross Toe-Heel, Scissor Step, Toe-Heel, Cross Toe-Heel, Rock Side Left, Recover ¼ Right, Step

1&2&      Step Right toe side right (1), Drop Right heel (&), Cross Left toe over right (2), Drop Left heel down (&)  
3 & 4      Step Right side right (3), Step Left beside right (&), Cross Right over left (4)  
5&6&      Step Left toe side left (5), Drop Left heel (&), Cross Right toe over left (6), Drop Right heel down (&)  
7 & 8      Rock Left side left (7), Step Right ¼ right (&), Step Left forward (8)

## Kick Right Forward, Step Out-Out, Swivel in Toes-Heels-Toes, Step Side Right, Touch, Step Left ¼ Turn Right, Touch

1 & 2      Kick Right fwd. (1), Step Right out to right (&), Step Left out to left (2)  
3 & 4      Swivel toes in (3), Swivel heels in (&), Swivel toes in to center (4)  
5 - 6      Step Right side right (5), Touch Left (6)  
7 - 8      Step Left ¼ turn right (7), Touch (8)

## Toe-Heel, Cross Toe-Heel, Scissor Step, Toe-Heel, Cross Toe-Heel, Rock Side Left, Recover ¼ Right, Step

1&2&      Step Right toe side right (1), Drop Right heel (&), Cross Left toe over right (2), Drop Left heel down (&)  
3 & 4      Step Right side right (3), Step Left beside right (&), Cross Right over left (4)  
5&6&      Step Left toe side left (5), Drop Left heel (&), Cross Right toe over left (6), Drop Right heel down (&)  
7 & 8      Rock Left side left (7), Step Right ¼ right (&), Step Left forward (8)

## Kick Right Forward, Step Out-Out, Swivel in Toes-Heels-Toes, Step Side Right, Touch, Step Left ¼ Turn

**Right, Touch**

- 1 & 2 Kick Right fwd. (1), Step Right out to right (&), Step Left out to left (2)  
3 & 4 Swivel toes in (3), Swivel heels in (&), Swivel toes in to center (4)  
5 - 6 Step Right side right (5), Touch Left (6)  
7 - 8 Step Left  $\frac{1}{4}$  turn right (7), Touch (8)

**Note: On the last rotation you will be facing 12:00 on these last 8 counts. Instead of making the  $\frac{1}{4}$  turn right, just stay facing the 12:00 wall to finish all the steps...then pose!!**

**Begin Again!!!!**

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