

1 2 Step

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tony Wong (HK) - May 2013
音樂: One, Two Step (feat. Missy Elliott) - Ciara



Intro : 32 count

S1 : Side Step / Diagonal Back

1 2 3 4 RF to Side, LF Touch Beside RF, LF to Side, RF Touch Beside LF
5 6 7 8 RF Diagonal Bwd, LF Touch Beside RF, LF Diagonal Bwd, RF Touch Beside LF

S2 : Hip Sway / Fwd Step

1 2 3 4 Hip Sway to R, to L, to R, to L
5&6 7&8 RF Fwd with bounce, LF Fwd with bounce (or Fwd Lock)

S3 : Whisk

1 2 3 4& RF to side and hold, LF behind RF, RF in place, LF Hitch
5 6 7 8& LF to Side and hold, RF behind LF, LF in place, RF Hitch

S4 : Fwd / Draw / Sway

1 2 3 4 RF Fwd with 1/8 turn to L, LF Draw to RF, Bounce twice
5 6 7 8 LF Bwd with 1/8 turn to L, RF Draw to LF, Bounce twice

Repeat

Tag : After back to 1st wall (128 counts), hold 4 counts, then continue

Contact : platformnumber8@yahoo.com.hk
