

Down In The Islands

拍數: 64 牆數: 4 級數: High Improver
編舞者: Cassey Rowe (UK) - May 2013
音樂: Island Song - Zac Brown Band : (Album: Uncaged)



R. Strut, Back Rock, Vine 1/4 turn L

1-4 Right toe to side, Right heel down, Left Rock behind Right, recover
5-8 Left step to side, Right cross behind left, Left step 1/4 turn left, Right step fwd. (9o/c)

1/2 turn L, 1/4 turn L, behind, 1/4 turn R, Fwd Rock, Recover, Step Back, Reverse 1/2 turn R

9-12 1/2 turn L, 1/4 turn L as Right steps to side.(12 o/c), Left cross behind R, R 1/4 turn R Step Fwd.
13-14 Left step fwd, recover onto R, Left step back, hold. (3o/c)

3 x Reverse 1/2 turns R, Back, together.

17-22 Right foot 1/2 turn R, recover, Right foot 1/2 turn R, recover, Right foot 1/2 turn R, recover.(9o/c)

(Alternate: 3 x 1/3 paddles R)

23-24 Right step back, together.

Back, hold, 2 x 1/4 turn L side rock, recover, Back, together.

25-28 Right step back, hold. 1/4 turn L Side Rock, Recover.
29-32 1/4 turn L Side Rock, Recover, Left Step back (**), Right step next to Left. (3o/c)

Step, hold, Step, hold, Side Rock, recover, Step, hold.

33-36 Left step fwd, hold, Right step fwd, hold.
37-40 Left Rock out to side, recover, Left step fwd, hold

Weave, hold.

41-44 Right cross over left, Left step back Right step to side, Left cross step over right.
45-48 Right step to side, Left cross behind, Right step to side, hold.

Cross Rock, 1/4 turn left, Fwd, Tog, Fwd, Hold

49-52 Left cross over Right, Recover onto Right, 1/4 turn Left step fwd, hold. (12o/c)
53-56 Full Turn over L shoulder R, L, R, hold (Alternate Fwd R,L,R, hold)

Fwd, Recover, Side Rock, recover, Sailor 1/4 turn R

57-60 Left Step Fwd, recover onto Right, Left Step to side, Recover onto right
61-64 Left cross behind Right, Right step 1/4 turn R, Left Step to side, hold. (3o/c)

***Restart: Wall 3 After count 31 add hold.

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