

Over The Love

拍數: 32 牆數: 4 級數: High Intermediate - NC2
編舞者: Debbie McLaughlin (UK) - May 2013
音樂: Over the Love - Florence + the Machine : (Album: The Great Gatsby OST)



Note: There is no count in. Start immediately on the word 'since'

SIDE BEHIND & CROSS UNWIND & CROSS SWAY SWAY BEHIND 1/4 TURN

1 2& Step R to R side, Cross L behind R, Step R to R side
3 4& Cross L over R, Unwind a full turn over R shoulder ending either weight on R, Step L to L side (12 o'clock)
5 6 7 Cross R over L, Step L to L side and sway hips L, Sway hips R taking weight on R,
8& Cross L behind R, Make 1/4 turn R stepping forward on R (3o'clock).

STEP 3/4 SPIN WALK WALK STEP 1/4 TURN CROSS 1/4 TURN 1/4 TURN TOUCH

1 2 3 4 Step L forward, Spin 3/4 turn L sweeping R around, Walk forward R, L (6o'clock)
5 6 Step R forward, Pivot 1/4 turn L taking weight onto L (3o'clock)
7&8& Cross R over L, Make 1/4 turn R stepping back, Make 1/4 R stepping R to R side, Touch L beside R (9o'clock)

SIDE BEHIND 1/4 TURN SIDE ROCK CROSS SIDE BACK SWEEP x3 BACK 1/2 TURN

1 2& Step L to L side, Cross R behind L, Make 1/4 turn L stepping L forward (6o'clock)
3&4& Rock R out to R side, Recover weight onto L, Cross R over L, Step L to L side
5 6 7 Step R back whilst sweeping L around, Step L back whilst sweeping R around, Step R back whilst sweeping L around
8& Step L back, Make 1/2 turn R stepping R forward (12o'clock)
***** Restart here. Touch R beside L on last '&' count, and restart (6 o'clock)**

ROCK RECOVER & STEP 3/4 TURN SIDE, BEHIND 1/4 TURN STEP FULL TURN

1 2& Rock forward on L, Recover weight back on R, Step L beside R
3&4 Step R forward, Pivot 1/2 turn L taking weight forward onto L, Make 1/4 L stepping R to R side (3o'clock)
5 6 7 Cross L behind R, Make 1/4 turn R stepping R forward, Step L forward (6o'clock)
8& Make 1/2 turn L stepping back on R, Make 1/2 turn L stepping forward on L (6o'clock)

TO START THE DANCE AGAIN:-

Make 1/4 Turn R Stepping R To R Side For Count 1 (3o'clock)

Tag: At the end of the 3rd wall facing 9 o clock

2x BASIC NC2 STEPS

12& Step R to R side, Rock L behind R, Recover weight forward onto R
34& Step L to L side, Rock R behind L, Recover weight forward onto L

Restart: During wall 5

Dance up to count 24, and touch R beside L on '&' count. Restart dance stepping R to R side (6o'clock)

Contact: debmcwotzit@gmail.com