

# Always Stay

**COPPER** KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Tina Argyle (UK) - May 2013  
音樂: Always Be This Way - Martina McBride : (Album: Eleven - iTunes)



Count In : 32 counts from start of track - start dancing with lyrics (approx 12 seconds in)

## Right Mambo Fwd. Left Coaster Step. Kick & Point, Hitch. Left Jazz Box

1&2      Rock fwd right, recover back onto left, step back right  
3&4      Step back left, step back right, step fwd. left.  
5&6      Kick right fwd, step down right in place, point left toe to left side  
&      Hitch left knee  
7&8      Cross left over right, step back right, step left to left side. (12 o'clock)

\*\*\* Re start here Wall 2 facing 3 o'clock - & Wall 4 facing 6 o'clock

## Mambo Cross Rock ¼ Turn Right. ½ Shuffle Turn . Right Coaster Step Hitch. Left Lock Fwd.

1&2      Cross rock right over left, recover weight onto left, make ¼ turn right stepping fwd right. (3 o'clock)  
3&4      Make ½ turn right stepping back left, close right at side of left, step back left. (9 o'clock)  
5&6      Step back right, step back left, step fwd right.  
&      Hitch left knee ( scooting slightly fwd on right if you feel energetic!! J )  
7&8      Step fwd left, lock right behind left, step fwd left.

\*\*\* Re start here Wall 7 facing 9 o'clock

## Vaudeville x 2. & Tap & Heel, Coaster Step, Ball Step

1&2      Cross right over left, step back left to left diagonal, touch right heel to right diagonal  
&      Step right in place  
3&4      Cross left over right, step right back to right diagonal, touch left heel to left diagonal  
&5      Step left in place, touch right at side of left  
&6      Step right back to right diagonal, touch left heel to left diagonal  
7&8      Step back left, step back right, step fwd left  
&1      Step together right step fwd left.

## Step Fwd Right. Left Mambo ½ Turn Left. 2 x ½ pivot Turns (or Mambo Fwd) , Kick, Coaster Step.

2      Step forward right  
3&4      Rock fwd onto left, recover weight back onto right, ½ turn left stepping fwd left (3 o'clock)  
5&6      Step fwd right, ½ turn left onto left, (9 o'clock) ½ turn left stepping back right (3 o'clock)

Alternative for counts 5&6:- mambo fwd right, recover onto left, step back right.

&      Low kick left fwd  
7&8      Step back left, step back right, step fwd left.

Tag: End of Wall 5 facing 9 o'clock add 2 x ½ pivot turns ( 4 counts )

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