

Sleep On Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Derrick Walker (USA) - May 2013
音樂: Sleep On - Alison Krauss



Intro: 24 counts

R SIDE STEP, L TOUCH, HOLD, L SIDE STEP, R TOUCH, HOLD (x2)

- 1-2-3 Step Right Foot to Side, Touch Left next to Right, HOLD
- 4-5-6 Step Left Foot to Side, Touch Right next to Left, HOLD
- 7-8-9 Step Right Foot to Side, Touch Left next to Right, HOLD
- 10-11-12 Step Left Foot to Side, Touch Right next to Left, HOLD

R BEHIND, L SIDE, R ACROSS, FULL TURN TWINKLE, R TWINKLE, L TWINKLE

- 1-2-3 Cross Right Foot behind Left, Step Left Foot to Side, Cross Right Foot over Left
- 4-5-6 ¼ turn Right stepping back Left, ½ turn Right stepping forward Right, ¼ turn Right stepping on Left (12:00)
- 7-8-9 Cross Right Foot over Left, Step Left Foot to Side, Step Right Foot to Side
- 10-11-12 Cross Left Foot over Right, Step Right Foot to Side, Step Left Foot to Side

R FORWARD, L TOUCH, HOLD, L BACK, R TOUCH, HOLD, ½ TURN R FORWARD, L TOUCH, HOLD, L BACK, R TOUCH, HOLD

- 1-2-3 Step Right Foot Forward, Touch Left next to Right, HOLD
- 4-5-6 Step Left Foot Back, Touch Right next to Left, HOLD
- 7-8-9 ½ turn Right stepping Right Foot Forward, Touch Left next to Left, HOLD (6:00)
- 10-11-12 Step Left Foot Back, Touch Right next to Left, HOLD

R FORWARD, L KICK, HOLD, L BACK, R SIDE POINT, HOLD, R BEHIND, L SIDE, R ACROSS, L STEP, HOLD TWICE

- 1-2-3 Step Right Foot Forward, Kick Left Foot Forward, HOLD
- 4-5-6 Step Left Foot Back, Point Right Toe to Side, HOLD
- 7-8-9 Cross Right Foot behind Left, Step Left Foot to Side, Cross Right Foot over Left
- 10-11-12 Step Left Foot to Side, HOLD x2

TAG after Wall 3 facing back wall (6:00):

R FORWARD, ½ TURN STEP L, R STEP, L BACK, R STEP, L TOGETHER (x2)

- 1-2-3 Step Right Foot Forward, ½ turn Right stepping on Left Foot, Step Right Foot next to Left Foot (12:00)
- 4-5-6 Step Left Foot Back, Step Right Foot next to Left, Step Left Foot in place
- 7-8-9 Step Right Foot Forward, ½ turn Right stepping on Left Foot, Step Right Foot next to Left Foot (6:00)
- 10-11-12 Step Left Foot Back, Step Right Foot next to Left, Step Left Foot in place

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