

A Friend In Need

COPPER **NOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Ozgur "Oscar" TAKAÇ (TUR) - May 2013
音樂: A Friend in Need - Dave Sheriff



STOMP, KICK, COASTER STEP, STOMP, KICK, COASTER STEP

1-2-3&4 Stomp up R beside L, kick R forward, step R back, step L beside R, step R forward
5-6-7&8 Stomp up L beside R, kick L forward, step L back, step R beside L, step L forward

SIDE ROCK, CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE (06:00)

1-2-3&4 Rock R to R, step L in place, step R across L, step L to L, step R across L
5-6-7&8 ¼ turn R and step L back, ¼ turn R and step R to R, step L across R, step R to R, step L across R

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD (06:00)

1-2-3&4 Rock R forward, step L in place, step R back, step L beside R, step R back
5-6-7&8 Rock L back, step R in place, step L forward, step R beside R, step L forward
Optional 7&8: Full shuffle turn right

SIDE ROCK, CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE (12:00)

1-2-3&4 Rock R to R, step L in place, step R across L, step L to L, step R across L
5-6-7&8 ¼ turn R and step L back, ¼ turn R and step R to R, step L across R, step R to R, step L across R

STOMP, SIDE KICK, BEHIND, SIDE, CROSS, STOMP, SIDE KICK, BEHIND, SIDE, CROSS (12:00)

1-2-3&4 Stomp R beside L, kick R to R, step R behind L, step L to L, step R across L
5-6-7&8 Stomp L beside R, kick L to L, step L behind R, step R to R, step L across R

STEP, HEEL, STEP, TOUCH, JAZZ TRIANGLE ¼ TURN (03:00)

1-2-3-4 Step R forward, touch L heel forward, step L back, touch R toe back
5-6-7-8 Step R across L, step L back, ¼ turn R and step R to R, step L beside R

STOMP, SIDE KICK, BEHIND, SIDE, CROSS, STOMP, SIDE KICK, BEHIND, SIDE, CROSS (03:00)

1-2-3&4 Stomp R beside L, kick R to R, step R behind L, step L to L, step R across L
5-6-7&8 Stomp L beside R, kick L to L, step L behind R, step R to R, step L across R

STEP, HEEL, STEP, TOUCH, JAZZ TRIANGLE (03:00)

1-2-3-4 Step R forward, touch L heel forward, step L back, touch R toe back
5-6-7-8 Step R across L, step L back, step R to R, step L beside R

REPEAT

Contact: www.linedanceturkiye.com