

Roll In The Hay

拍數: 64 牆數: 2 級數: Improver
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音樂: It Doesn't Get Any Country Than This - Tim McGraw



16 count intro,

Sec 1: Kick Ball Cross x 2, Side Rock, Sailor ¼ Turn

1&2 Kick R forward to R diagonal, Step on ball of R, Cross step L over R
3&4 Kick R forward to R diagonal, Step on ball of R, Cross step L over R
5-6 Rock R to R side, Recover weight onto L
7&8 Make ¼ turn R cross stepping R behind L, Step L to L side, Step R to R side.

Sec 2: Kick Ball Cross x 2, Side Rock, Sailor ¼ Turn

1&2 Kick L forward to L diagonal, Step on ball of L, Cross step R over L
3&4 Kick L forward to L diagonal, Step on ball of L, Cross step R over L
5-6 Rock L to L side, Recover weight onto R
7&8 Make ¼ turn L cross stepping L behind R, Step R to R side, Step L to L side

Tag and Restart Wall 5

Dance the 2 L Kick Ball Crosses, then Step L ¼ turn L and side (5), Touch R beside L (6), then Restart

Sec 3: Right and Left Scuffs with Toe Touch and Heel Taps

1-2 Scuff R forward, touch R toe diagonally forward R
3-4 Tap R heel twice, taking weight on second heel tap
5-6 Scuff L forward, touch L toe diagonally forward L
7-8 Tap L heel twice, taking weight on second heel tap

Sec 4: Jumps Forward and Back, Out and In, Stomp, Kick

&1-2 Step R forward and Out, Step L forward and Out (feet shoulder width apart), Hold
&3-4 Step R back and In, Step L back and In, Hold
&5&6 Step R out to R side, Step L out to L side, Step R in place, Step L in place
7-8 Stomp R foot beside L (no weight), Kick R forward

Sec 5: Forward Shuffle, Forward Rock, Shuffle ½ Turn, Step, Pivot ¼ Turn

1&2 Step R forward, Step L beside, Step R forward
3-4 Rock L forward, Recover weight onto R
5&6 Step L forward and ½ turn L, Step R beside L, Step L forward
7-8 Step R forward, Pivot ¼ L weight on L

Sec 6: Cross Toe Strut, Side Toe Strut, Back Rock, ¼ Kick Ball Step

1-4 Cross R Toe across L, Step L Heel down, Step L Toe to L side, Step L Heel down
5-6 Cross R back behind L, Recover weight on L
7&8 Kick R forward, making ¼ turn R step R beside L, Step L beside R

Restart here on Wall 2

Sec 7: Forward Toe Struts, Forward Rock, Coaster Step

1-4 Step R Toe forward, Step R Heel down, Step L Toe forward, Step L Heel down
5-6 Rock R forward, Recover weight on R
7&8 Step R back, Step L beside R, Step R forward

Sec 8: Walk Forward, Kick, Walk Back, Stomp

1-4 Walk forward L, R, L, Kick R forward
5-8 Walk back R, L, R, Stomp L beside R

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