Crank It Up!



拍數: 32 牆數: 4 級數: Beginner

編舞者: Diana Bishop (AUS) - May 2013

音樂: Crank It Up (feat. Akon) - David Guetta



All Thru Dance Shout Out Woo! Woo! Enjoy

Back, Fwd, 1/2 Shuffle Turn L, Back, Fwd, Shuffle Fwd

1,2,3&4 Rock Back On R, Step Fwd Onto L, ½ Turning Shuffle To L On R,L,R

5,6,7&8 Rock Back Onto L, Fwd Onto R, Shuffle Fwd On L,R,L

Step R Side, Step L Side, Side Shuffle R, Step L Side, Step R Side, Side Shuffle L

1 Step R To R, (With Attitude Put Hands On Top Of Knees Slight Bend In Knees)

2 Step L To L, (With Attitude Put Hands On Top Of Knees Slight Bend In Knees) { Feet Should

Be Apart, }

3&4 Side Shuffle To R On R,L,R

5 Step L To L, (With Attitude Put Hands On Top Of Knees Slight Bend In Knees)

6 Step R To R, (With Attitude Put Hands On Top Of Knees Slight Bend In Knees) { Feet

Should Be Apart,}

7&8 Side Shuffle To L On L,R,L

Walk Back, Kick, Double Hip L Fwd, Doulble Hip Back R,

1,2,3,4,5&6 Walk Back R,L,R, Kick L Fwd, Step Down Onto L Going Into A Double Hip Fwd L,R,L

7-8 Push Weight Back Onto R, Double Hip Back R,L,R,

Hip Bump Fwd, Back Turn 1/4 L Step L, Scuff R, Vine Right

1-4 L Hip Bump Fwd, R Hip Bump Back, Turn 1/4 To L - L Steps Fwd, Scuff R Next To L,

5-8 Step R To R, Step L Behind R, Step R To R, Step L Next To R,

[32] Beats