

Phenom'N

COPPER KNOB
STEPSHEETS

拍數: 96
編舞者: Fred CHABBAT (FR) - May 2013
音樂: Phénom'N by Keen'V

牆數: 2

級數: Phrased Easy Intermediate



Intro: 32 Counts

Phrased: A-BB-A-B-A-Return Facing 12h-A(First 32counts)-Tag-A(First 32counts)X3

Part A: (64 Counts)

Diag. Shuffle Fwd Lrl & Rlr (X2)

1&2 Diag Shulle Fwd Lrl
3&4 Diag Shuffle Fwd Rlr
5&6 Diag Shulle Fwd Lrl
7&8 Diag Shuffle Fwd Rlr

Step Back LRLR X2

1-8 Step Back L/R X4

Vine L & Touch – Rocking Chair R

1-2 Left Side, Right Behind To Left
3-4 Left Side, Right Touch Beside Left
5-6 Right Step Fwd, Recover Left
7-8 Right Step Back, Recover Left

Vine R & Touch – Rocking Chair L

1-2 Right Side, Left Behind To Right
3-4 Right Side, Left Touch Beside Right
5-6 Left Step Fwd, Recover Right
7-8 Left Step Back, Recover Right

Circle Hula Hop Slowly Right & Left (4x8counts)

1-32 Make Circle Slowly With Hip Right(8) & Left(8)

Part B: (32 Counts)

Kuduro Style / Rocking Chair Left & Hold

1-2 Left Step Fwd/Kuduro Style, Recover Right
3-4 Left Step Back/Kuduro Style, Recover Right
5-6 Left Step Fwd/Kuduro Style, Recover Right
7-8 Left Beside Right, Hold

Kuduro Style/Rocking Chair Right & Hold

1-2 Right Step Fwd/Kuduro Style, Recover Left
3-4 Right Step Back/Kuduro Style, Recover Left
5-6 Right Step Fwd/Kuduro Style, Recover Left
7-8 Right Beside Left, Hold

Out/Out – 1/4turn Left In/In (X2)

1-2 Left Out Fwd, Right Out Fwd
3-4 ¼ Turn Left, Left In, Right In
5-6 Left Out Fwd, Right Out Fwd
7-8 ¼ Turn Left, Left In, Right In

Shuffle Left/Back Step Right – Shuffle Right/Back Step Left

1&2 Shuffle Left LRL
3-4 Back Step Right, Recover Left
5&6 Shuffle Right RLR
7-8 Back Step Left, Recover Right

Tag(48 Counts)

Jump Left Side With Joint L/R & Hold, Jump Right Side With Joint L/R & Hold

1-4 Jump L/L/L, Hold
5-8 Jump R/R/R, Hold

Jump Left Side With Joint L/R & Hold, Jump Right Side With Joint L/R & Hold

1-4 Jump L/L/L, Hold
5-8 Jump R/R/R, Hold

Jump Fwd L/R Out & Hold X2 – Jump Back L/R Out & Hold X2

1-2 Jump Fwd L/R Foot Out, Hold
3-4 Jump Fwd L/R Foot Out, Hold
5-6 Jump Back L/R Foot Out, Hold
7-8 Jump Back L/R Foot Out, Hold

Down & Stay L/R Out, Hold With Arms Stretch, Stop Shouting & Arms Up

1-4 Down & Stay L/R Out With Arms Stretch, Hold X2
5-8 Stop Shouting & Arms Up

Clap Hands Up

1-16 Clap Hands Up X16

Anim'country & Line Dance Gardanne

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