Bring Me To The Top!



拍數: 48 牆數: 4 級數: Easy Intermediate - smooth

編舞者: Sebastiaan Holtland (NL) - May 2013

音樂: Rollacoasta (feat. Estelle) - Robin Thicke: (iTunes)



32 count intro (start on vocals).

Sec 1: [1-8]	Fwd Rock, Recove	r. & Back. Knee Poi	o. Hold. Replace	, ½ Pivot L, ½ L, Bad	ck. 1/4 L. Side.
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1-2 Rock Rt forward, recover on Lt. (12:00)

&3-4 Step Rt back, lift L heel off the floor as you pop your L knee forward, drop heel to the floor.

Step Rt forward, turn ½ left (6) take weight on Lt. 5-6

7-8 Turn ½ left (12) step Rt back, turn ¼ left (9) step Lt to the left weight onto Lt.

Sec 2: [9-16] Dorothy Step R, ¼ Dorothy Step L, ½ Pivot L, Step Hip Pushes Fwd R-L.

1,2& Step Rt slightly diagonal fwd, lock Lt behind Rt, step Rt slightly diagonal fwd.

3,4& Turn ¼ left (6) step Lt slightly diagonal fwd, lock Rt behind Lt, step Lt slightly diagonal fwd.

5-6 Step Rt forward, turn ½ left (12) take weight on Lt.

7-8 Step Rt out slightly fwd on toe push hip forward replace, step Lt out on toe slightly fwd push

hip forward replace. (12:00)

Sec 3: [17-24] Kicks & Points R-L. Cross, Back, Out, Out.

1&2 Kick Rt forward, step Rt back in place, point Lt out to the left. Kick Lt forward, step Lt back in place, point Rt out to the right. 3&4

5-6 Cross Rt over Lt, step Lt back.

7-8 Step Rt out to right, step Lt out to left. (12)

Sec 4: [25-32] 1/4 Pivot L, Together, Side, Hold, Together, Side Rock, Recover, Behind, Point.

1-2 Step Rt forward, turn ¼ left (9) take weight on Lt.

&3-4 Step Rt next to Lt, step Lt to the left, Hold

&5-6 Step Rt next to Lt, rock Lt to the left, recover on Rt. 7-8

Step Lt behind Rt, point Rt out to right. (9:00)

1st Restart here WALL 3 after 28 count (6 o'clock) after start again (3 o'clock). 2nd Restart here WALL 6 after 28 count (9 o'clock) after start again (6 o'clock).

Sec 5: [33-40] Cross, ¼ R, Back, Back, Touch Fwd, Replace, ½ R, Touch Fwd, Hip Push R Fwd, Recover.

1-2 Cross Rt over Lt, turn ¼ left (12) step Lt back.

3-4 Step Rt back, touch Lt forward.

5-6 Turn ½ right (6) step Lt back in place, touch Rt foward.

7-8 Push R hip forward, recover on Lt.

Sec 6: [41-48] Walk, Walk, R Ankle Rock, ½ L, Step, ¼ L, Side, Sweep, L Sailor Step.

1-2 Walk Rt forward, walk Lt forward.

3&4 Locked Rt behind Lt take weight onto Rt, recover on Lt, recover on Rt.

5-6 Turn ½ left (12) step Lt slightly forward, turn ¼ left (9) step Rt to the right sweep Lt from front

7&8 Step Lt behind Rt, step Rt to the right, step Lt slightly forward weight onto Lt. (9:00)

Note: Later in the song is the music totally cuts out, please try to keep dancing through.

Start again and have fun!

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