

# 1 Dance With U

拍數: 32      牆數: 2      級數: Improver  
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音樂: One Dance with You - Tony Christie



## 16 count intro

### Section 1: Prissy Walks, Lock Step, Step, Pivot 1/4, Cross Lock Step, Spin 3/4 Turn

- 1 – 2 a      Step left forward across right. Step right forward across left. Lock left behind right.  
3 – 4      Step right forward. Step left forward.  
5 – 6 a      Pivot 1/4 turn right. Cross left over right. Lock right slightly behind left. (3:00)  
7 – 8      Cross left over right. Step right to right side, spinning 3/4 turn left. (6:00)

### Section 2: Step, Sweep Step, Behind 1 1/4 Turn, Step, Pivot 1/2, Lock Step, Spin Full Turn

- 1 – 2 a      Step left forward. Sweep right across left. Step left to left side.  
3 – 4      Cross right behind left. Turn 1/4 left and step left forward. (3:00)  
5 – 6 a      Step right forward. Pivot 1/2 turn left. Lock right behind left. (9:00)  
7 – 8      Step left forward. Step right forward and spin full turn left.

### Section 3: Step, Step Lock Step, Ronde Forward, Back, Ronde Back Lock Back, Ronde Behind

- 1 – 2 a      Step left forward. Step right forward. Lock left behind right.  
3 – 4      Step right forward. Sweep/step left around and forward.  
5 – 6 a      Replace weight onto right. Sweep/step left around and back. Lock right across left.  
7 – 8      Step left back. Sweep/step right around and behind left.

### Section 4: Side, Cross Rock, Sway, Sway, Side, Cross, 1/4 Turn, Side Rock

- 1 – 2 a      Step left to left side. Cross rock right over left. Recover onto left.  
3 – 4      Step right to right side swaying hips right. Sway hips left.  
5 – 6 a      Step right to right side. Cross left over right. Step right back turning 1/4 left. (6:00)  
7 – 8      Rock left to left side. Recover onto right.

### Tag 1 End of Walls 1 and 3 (facing 6:00) and end of Wall 4 (facing 12:00): Sway, Sway

- 1 – 2      Sway left to left side. Sway right to right side, drawing left beside right (weight right).

### Tag 2 End of Wall 2 (facing 12:00): Syncopated Jazz Box With Brush

- 1 – 2 a      Cross left over right. Step right back. Step left to left side.  
3 – 4      Step right small step forward. Brush left forward.

### Ending Dance first 4 counts of dance, then:

- 5      Step right forward and hold/pose.