

1 Dance With U

拍數: 32 牆數: 2 級數: Improver
編舞者: Norman Gifford (USA) - May 2013
音樂: One Dance with You - Tony Christie



16 count intro

Section 1: Prissy Walks, Lock Step, Step, Pivot 1/4, Cross Lock Step, Spin 3/4 Turn

- 1 – 2 a Step left forward across right. Step right forward across left. Lock left behind right.
3 – 4 Step right forward. Step left forward.
5 – 6 a Pivot 1/4 turn right. Cross left over right. Lock right slightly behind left. (3:00)
7 – 8 Cross left over right. Step right to right side, spinning 3/4 turn left. (6:00)

Section 2: Step, Sweep Step, Behind 1 1/4 Turn, Step, Pivot 1/2, Lock Step, Spin Full Turn

- 1 – 2 a Step left forward. Sweep right across left. Step left to left side.
3 – 4 Cross right behind left. Turn 1/4 left and step left forward. (3:00)
5 – 6 a Step right forward. Pivot 1/2 turn left. Lock right behind left. (9:00)
7 – 8 Step left forward. Step right forward and spin full turn left.

Section 3: Step, Step Lock Step, Ronde Forward, Back, Ronde Back Lock Back, Ronde Behind

- 1 – 2 a Step left forward. Step right forward. Lock left behind right.
3 – 4 Step right forward. Sweep/step left around and forward.
5 – 6 a Replace weight onto right. Sweep/step left around and back. Lock right across left.
7 – 8 Step left back. Sweep/step right around and behind left.

Section 4: Side, Cross Rock, Sway, Sway, Side, Cross, 1/4 Turn, Side Rock

- 1 – 2 a Step left to left side. Cross rock right over left. Recover onto left.
3 – 4 Step right to right side swaying hips right. Sway hips left.
5 – 6 a Step right to right side. Cross left over right. Step right back turning 1/4 left. (6:00)
7 – 8 Rock left to left side. Recover onto right.

Tag 1 End of Walls 1 and 3 (facing 6:00) and end of Wall 4 (facing 12:00): Sway, Sway

- 1 – 2 Sway left to left side. Sway right to right side, drawing left beside right (weight right).

Tag 2 End of Wall 2 (facing 12:00): Syncopated Jazz Box With Brush

- 1 – 2 a Cross left over right. Step right back. Step left to left side.
3 – 4 Step right small step forward. Brush left forward.

Ending Dance first 4 counts of dance, then:

- 5 Step right forward and hold/pose.