

Next To Me

拍數: 64 牆數: 2 級數: Phrased Intermediate WCS
編舞者: Antoinette Seiler (UK) - September 2012
音樂: Next to Me - Emeli Sandé



Note: This Dance is an AB dance sequence: AAB AAB ABB
Intro: 16 counts

Part A - 32 counts

[1 - 8] Walk Walk, Anchor Step (triple step), sailor step, behind cross unwind

1-2 walk RF, walk LF
3&4 triple step RLR
5&6 left sailor step, extending RF to the R side, weight on LF
7-8 bring RF in to L, placing behind LF, forming a cross to unwind, weight remains on LF

[9 - 16] Walk, walk, R cross side recover, L cross side recover ,behind cross unwind

1-2 walk RF, walk LF
3&4 cross RF over LF, step LF to L side with weight, recover weight onto R,
5&6 cross LF over RF, step RF to R side with weight, recover weight onto L,
7-8 place RF behind LF, forming a cross to unwind, weight remains on LF

[17-23] Walk walk, Kick ball change, Rock forward & back on RF, step forward

1-2 walk RF, walk LF
3&4 kick ball change with RF
5&6& Step RF forward and back bringing weight back to central
7 step forward on R

[24-32] Kick ball change, Rock forward & back, step 1/2 pivot ,step 1/2 pivot turn, full turn R triple step.

8 & 1 kick ball change with LF, weight remains on RF
2&3& step LF forward and back bringing weight back to central
4-5 step forward on LF, 1/2 pivot turn R, weight on R
6-7 step forward on LF, 1/2 pivot turn R, weight on R
&8& triple step full turn R, stepping L,R,L

Part B - 32 counts

[1-8] 3x nightclub basics (R,L,R) 3 hip bumps (L,R,L)

1-2& big step R with RF to R, rock back on LF
3-4& big step L with LF to L, rock back on RF
5-6& big step R with RF to R, rock back on LF
7&8& keeping weight on RF, place LF fwd on diagonal and swing hip out to the L and back, place LF behind RF

[9-16] Step LF to L, left weave, sway L sway R, right weave, full unwind

1 step LF to left side
2&3 step RF behind LF step LF to L,RF over LF
4-5 step LF to L side swaying left and right
6&7 step LF behind RF step RF to R,LF over RF,
8& weight on RF turn right to full unwind, weight on LF

[17-24] 3x nightclub basics (R,L,R) 3 hip bumps (L,R,L)

1-2& big step R with RF to R, rock back on LF
3-4& big step L with LF to L, rock back on RF
5-6& big step R with RF to R, rock back on LF

7&8& keeping weight on RF, place LF fwd on diagonal and swing hip out to the L and back, place LF behind RF

[25-32] 2x side steps with forward toe taps L,R R 1/2 monterey , 2x side switches L & R, tap

1-2& step LF to L, touch RF in front of LF

3-4& step RF to R, touch LF in front of RF

5-6 step LF to L side, monterey unwind bringing RF in to centre whilst turning half to R

7&8& point Lf to L side, bring it in and point RF to R side, tap R toe next to LF

Contact: antoinette.seiler@akzonobel.com
