

Island Lullaby

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Donna Manning (USA) - May 2013
音樂: Jump Right In - Zac Brown Band



Intro is about 28 seconds.

Sec.1 (1-8) R Botafogo, L Botafogo, ¼ Turn R Voltas, & Heel

1 a 2, 3 a 4 Step R across L (10:00), Step L to L side taking partial weight, Recover weight to R facing 1:00 [12:00] Step L across R (1:00), Step R to R side taking partial weight, Recover weight to L facing 10:00 [12:00]

5 a 6 a 7 a 8 & While making ¼ turn to your R to face 3:00 – Cross R over L, Step L to side, Cross R over L, Step L to side, Cross R over L, Step L to side and present R heel, bring R back to center taking weight [3:00]

(Soft knees circling hips for styling)

Wall 3: Do NOT do Voltas in a ¼ turn.....keep them traveling L at 12:00 and touching R next to L on count 8 – RESTART

Wall 7 Tag: &1,2 : Step R next to L, Step L forward, Touch R next to L (Wall starts at 6:00, you will be facing 9:00 when this happens)

Part B (only happens ONCE and right here) immediately after tag. The tag is the connector into part B starts facing 9:00, finishes facing 6:00.

Sec.2 (9-16) Samba Box ¾ Turn L

1 a 2, 3 a 4 Cross L over R, Step R to R side, Step L behind R (angle body to 1:00) Step R behind L(1:00), Step L to L side (12:00), Step R across L (10:00)

5 a 6, 7 a 8 Step L across R (still at 10:00), Step R to R side (9:00), Step L behind R(7:00) Step R behind L(7:00), Step L to L side (6:00), Step R forward (6:00) [6:00]

Sec.3 (17-24) ¼ Turn R- L to side, Cross Step, Hold, Side, Cross, Hold, Step Touch x2, Triple forward

a1, 2, a3, 4 ¼ R Stepping L to L side, Cross R over L, Hold, Step L to L side, Cross R over L, Hold

a5, a6 Step L to L diagonal, Touch R next to L, Step R to R diagonal, Touch L next to R

7&8 Step L forward, Bring ball of R to the back of L, Step forward on the L taking weight [9:00]

Sec.4 (25-32) Step, Hiproll ½ Turn L, Step, Hiproll, ¼ Turn L x3

1, 2 Step R forward, using hips for styling, turn ½ turn to the L taking weight

3, 4 Step R forward, using hip roll for styling, turn ¼ turn to the L

5, 6 repeat 3, 4

7, 8 repeat 3, 4 [6:00]

Part B: 32 counts that you REALLY have to listen to the tempo of the piece, think QQS.....

Sec. 1: Partial R Rhumba box, Hold, L single count Coaster, HOLD

1,2, 3, 4 Step R to R side, Bring L close to R, Step R back, HOLD

5, 6, 7, 8 Step L back, Bring R close to L, Step L forward, HOLD [9:00]

Sec. 2: Step Forward, ¼ Turn L, Cross, Hold, 1/4 Turn R, ¼ Turn R, Cross, Hold

1, 2, 3, 4 Step R Forward, ¼ Turn L, Cross R over L, HOLD

5, 6, 7, 8 ¼ Turn R Stepping L back, ¼ Turn R Stepping R to R side, Cross L over R, HOLD [12:00]

Sec. 3: R Rhumba Box

1, 2, 3, 4 R to R side, L close to R, R Step Forward, HOLD

5, 6, 7, 8 L to L side, R close to L, L step back, HOLD [12:00]

Sec. 4: Single Count R back Coaster, HOLD, Step, ½ Turn R, Cross Step, Sweep

1, 2, 3, 4, Step R back, Close L to R, Step R forward, HOLD

5, 6, 7, 8 Step L forward, ½ Turn R (over rotate slightly), Step L Across R, Sweep R back to front [6:00]

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