

Echa Pa'lla

拍數: 32 牆數: 4 級數: Funky High Beginner
編舞者: Ami Walker (UK) - May 2013
音樂: Echa pa'lla (Manos Pa'rriba) - Pitbull



Intro: 48 counts from start of track

[1 – 8] DIAGONAL STEPS: FWD, TOUCH, BACK, TOUCH, BACK, TOUCH, FWD, TOUCH

- 1 – 4 Step right forward to diagonal, touch left next to right, step left back on diagonal, touch right next to left
- 5 – 8 Step right back to diagonal, touch left next to right, step left forward on diagonal, touch right next to left

[9 – 16] RIGHT SIDE, CHEST POP, & SIDE, CHEST POP, & SIDE ROCK, WEAVE

- 1 & 2 Step right foot to right side, pop chest out - in
- &3 &4 Step left foot next to right, step right foot to right side, pop chest out – in
- &5 6 Step left foot next to right, rock right foot to right side, recover weight onto left foot
- 7&8 Step right behind left, step left to left side, cross right over left

[17 – 24] LEFT SIDE ROCK, WEAVE, 1/8 PIVOT TURN x2

- 1 2 Rock left foot to left side, recover weight onto right foot
- 3&4 Step left foot behind right, step right foot to right side, cross left over right
- 5 – 8 Step right foot forward, pivot 1/8 turn left, step right foot forward, pivot 1/8 turn left (9.00)

[25 – 32] 2 x HIP BUMP, STEP (with body twist), ½ SHUFFLE, ½ SHUFFLE

- 1 2 Make ¼ turn left (6.00) on ball of left foot, pointing right toe to side and bumping right hip, make ¼ turn right (9.00) and step right foot forward
- 3 4 Make ¼ turn right (12.00) on ball of right foot, pointing left toe to side and bumping left hip, make ¼ turn left (9.00) and step left foot forward
- 5&6 Make ½ turn left on ball of left stepping slightly back on right, close left to right, step right slightly back (3.00)
- 7&8 Make ½ turn left on ball of right stepping left slightly forward, close left to right, step left slightly forward (9.00)

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