Great Gatsby Glide

拍數: 64

級數: Intermediate

編舞者: Shanthie De Mel (AUS) - May 2013

音樂: Crazy In Love - Emeli Sandé & The Bryan Ferry Orchestra : (The Great Gatsby 2013 Soundtrack)

Intro of 24 counts from start of track. Add hand movements as you wish!

CHARLESTON x2

- 1, 2 Sweep R out & forward & touch. Sweep R out & back & step next to L.
- 3, 4 Sweep L out & back & touch. Sweep L out & forward & step next to R.
- 5, 6 Sweep R out & forward & touch. Step R out & back & step next to L.
- 7, 8 Sweep L out & back & touch. Sweep L out & forward & step next to R. (12:00)

SWIVEL TO RIGHT. FLICK. TOUCH. FLICK. TOGETHER

- 1, 2, 3, 4 Swivel to right side heels-toes-heels-toes.
- 5, 6, 7, 8 Flick L out. Touch L to R. Flick L out. Step L to R. (12:00)

SWIVEL TO LEFT. FLICK. TOUCH. FLICK. TOGETHER.

- 1, 2, 3, 4 Swivel to left side heels-toes-heels-toes.
- 5, 6, 7, 8 Flick R out. Touch R to L. Flick R out. Step R to L. (12:00)

TURN 1/4 LEFT FORWARD. KICK. BACK. TAP. FORWARD. KICK. BACK. TAP

- 1, 2, 3, 4 Turning 1/4 left (9:00) step L forward. Kick R forward. Step R back. Tap L back.
- 5, 6, 7, 8 Step L forward. Kick R forward. Step R back. Tap L back. (9:00)

SIDE. TOGETHER. SIDE. TOGETHER. PUSH. PULL. PUSH. PULL.

- 1, 2 Touch L heel diagonally to left side. Step L together.
- 3, 4 Touch R heel diagonally right side. Step R together.
- 5 Bend both knees keeping feet together & push both palms forward at chest level.
- 6 Straighten up & pull palms to chest. (optional slide both feet back while straightening)
- 7 Bend both knees keeping feet together & push both palms forward at chest level.
- 8 Straighten up & pull palms to chest. (9:00) (optional slide both feet back while straightening)

SIDE. TOGETHER. SIDE. TOGETHER. PUSH. PULL. PUSH. PULL.

1 - 8 Repeat section above.

CROSS-BALL. CROSS-BALL. CROSS. FLICK.x2 (MOVING TO RIGHT & LEFT).

- 1&2& Cross L over R. Step back on R ball. Cross L over R. Step back on R ball.
- 3, 4 Cross L over R. Flick R out to right side.
- 5&6& Cross R over L. Step back on L ball. Cross R over L. Step back on L ball.
- 7, 8 Cross R over L. Flick L out to left side. (9:00)

HIP SWING TURNS 3/4 RIGHT TO FACE 6:00

- 1, 2 Step L forward. Turn 1/4 right on R swinging hips & waving arms. (12:00)
- 3, 4 Step L forward. Turn 1/4 right on R swinging hips & waving arms. (3:00)
- 5, 6 Step L forward. Turn 1/4 right on R swinging hips & waving arms. (6:00)
- 7, 8 Step L to left side. Hold. (6:00)

Note: on last wall facing 12:00, as song ends, dance 4 Charlestons.

Please do not alter this step sheet in any way. If you would like to use it on your website, or to teach it on You Tube, ensure it is in its original format.





牆數:2