

Made of Gold

拍數: 64 牆數: 2 級數: Improver
編舞者: George de Baat (NL) - May 2013
音樂: Made of Gold - Derek Ryan



Alternatives:-

“The Hands That Rocks The Cradle” by Tantowi Yahya. (dance with no bridge)

“She Is Not You” by Elvis Presley. (dance with no bridge)

R Side Rock, Recover, Sailor Step, Step Behind, ¼ Turn Right, Shuffle Forward

1 RF side rock
2 LF recover
3 RF cross behind
& LF step next to RF
4 RF step to right side
5 LF cross behind
6 RF ¼ turn right, step forward
7 LF step forward
& RF step next to LF
8 LF step forward

Rock Forward, Recover, Shuffle ¼ Turn R, Skate L, Skate R, Shuffle Forward

1 RF rock forward
2 LF recover
3 RF ¼ turn right
& LF step next to RF
4 RF ¼ turn right, step forward
5 LF skate forward
6 RF skate forward
7 LF step forward
& RF step next to LF
8 LF step forward

Step Forward, Pivot ¼ Turn L, Cross Shuffle, Side Rock, Recover, ½ Sailor Turn L

1 RF step forward
2 LF + RF ¼ turn left
3 RF cross over LF
& LF step to left side
4 RF cross over LF
5 LF side rock
6 RF recover
7 LF sweep with ½ turn left, step behind
& RF step next to LF
8 LF step forward

Cross, 2x ¼ Turn R, Close, Step Forward, Rock Forward, Recover, Coaster Step

1 RF cross over LF
2 LF ¼ turn right. step behind
3 RF ¼ turn right, step forward
& LF step next to RF
4 RF step forward
5 LF rock forward

- 6 RF recover
- 7 LF step backward
- & RF step next to LF
- 8 LF step forward

Right Diagonal Lock Step, Left Diagonal Lock Step

- 1 RF step right diagonally forward
- 2 LF lock behind
- 3 RF step right diagonally forward
- & LF lock behind
- 4 RF step right diagonally forward
- 5 LF step left diagonally forward
- 6 RF lock behind
- 7 LF step left diagonally forward
- & RF lock behind
- 8 LF step left diagonally forward

Rock Forward, Recover, 1/8 Side Shuffle Right, Rock Forward, Recover, 1/2 Shuffle Turn Left

- 1 RF rock forward
- 2 LF recover
- 3 RF 1/8 turn right, step to right side
- & LF step next to RF
- 4 RF step to right side
- 5 LF rock forward
- 6 RF recover
- 7 LF 1/4 turn left, step to left side
- & RF step next to LF
- 8 LF 1/4 turn left, step forward

Rock Forward, Recover, Sailor Step, Touch Behind, 1/2 Pivot Left, Mambo Step

- 1 RF rock forward
- 2 LF recover
- 3 RF cross behind
- & LF step to left side
- 4 RF step to right side
- 5 LF touch behind RF
- 6 LF+RF 1/2 pivot left
- 7 RF rock forward
- & LF recover
- 8 RF step next to LF

Cross, Point, Cross, Point, Jazz Box With Touch

- 1 LV cross over RF
- 2 RV touch right side
- 3 RV cross over LF
- 4 LV touch left side
- 5 LV cross over RF
- 6 RV step behind
- 7 LV step to left side
- 8 RV touch next to LF

Start Again

**Bridge in wall 3 after count 16. (09:00) (only on music by Derek Ryan)
Turn 2x 1/8 Left**

- 1 RF step forward
- 2 LF+RF turn 1/8 to left
- 3 RF step forward
- 4 LF+RF turn 1/8 to left

Restart

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