

On The Rocks

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - May 2013
音樂: Rocks at My Window - Bridgit Mendler : (CD: Hello My Name Is)



16 Count intro

Step. Pivot 1/2 Turn Left. Step. Step. Pivot 1/2 Turn Right. Step. Knee Rolls Out-Out. Right Coaster Step.

- 1&2 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right.
- 3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
- 5 Step forward on Right and out to Right side Rolling knee Right.
- 6 Step forward on Left and out to Left side Rolling knee Left. (Feet Shoulder Width Apart)
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right.

2 x Prissy Walks Forward. Step. Pivot 1/4 Turn Right. Cross. Chasse 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Step Forward.

- 1 – 2 Cross step Left forward over Right. Cross step Right forward on Left.
- 3&4 Step forward on Left. Pivot 1/4 turn Right. Cross step Left over Right. (Facing 3 o'clock)
- 5&6 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
- 7&8 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. (Facing 12 o'clock)

2 x 1/2 Turns Left. Right Mambo Forward. Sweep/Step Back (Left & Right). Behind & Cross.

- 1 – 2 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 3&4 Rock forward on Right. Rock back on Left. Step back on Right.
- 5 Sweep Left Out and Around stepping back on Left.
- 6 Sweep Right Out and Around stepping back on Right.
- 7&8 Cross Left behind Right. Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock)

Side Step Right. Together. Step Back. Touch with Knee Pop. Chasse 1/4 Turn Left. Hip Bumps. Right Sailor 1/2 Turn Right.

- 1&2 Step Right to Right side. Close Left beside Right. Step back on Right.
- & Touch Left toe beside Right popping Left knee in across Right.
- 3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 5& Step Right Diagonally forward Right bumping hips forward. Bump hips back.
- 6& Bump hips forward. Bump hips back. (Facing 9 o'clock)
- 7&8 Sweep/Cross Right behind Left making 1/2 turn Right. Step Left beside Right. Step forward on Right.

Left Lock Step Forward. Hitch. Paddle 1/4 Turn Left x 2 with Hitch. Cross Samba (Right & Left).

- 1&2 Step forward on Left. Lock step Right behind Left. Step forward on Left. (Facing 3 o'clock)
- &3 Hitch Right knee up. Make 1/4 turn Left touching Right toe out to Right side.
- &4 Hitch Right knee up across Left. Make 1/4 turn Left touching Right toe out to Right side.
- 5&6 Cross/Step Right forward over Left. Rock Left to Left side. Recover weight on Right.
- 7&8 Cross/Step Left forward on Right. Rock Right to Right side. Recover weight on Left. (Facing 9 o'clock)

Right Jazz Box 1/4 Turn Right. Left Cross Shuffle. Toe Touches. Side Step Right with Drag. Left Coaster 1/4 Turn Left.

- 1&2 Cross step Right over Left. Make 1/4 turn Right stepping back on Left. Step Right to Right side.

- 3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock)
- 5& Touch Right toe out to Right side. Touch Right toe beside Left.
- 6 Long step Right to Right side Dragging Left towards Right. (Weight on Right)
- 7&8 Make 1/4 turn Left stepping back on Left. Step Right beside Left. Step forward on Left. (Facing 9 o'clock)

Start Again

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