

Bird Yeni

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Edward Tam (MY) & Penny Tan (MY) - May 2013
音樂: Bird by PSY



Intro : Start on lyrics

[1 – 8] R Walks fwd, ¼ turn L chasse, ¼ turn R ,walks fwd , ½ turn L coaster steps

1, 2 Walk fwd on R, L
3&4 ¼ turn to L(9.00), side chasse
5, 6 ¼ turn to R (12.00) walk fwd on L, R
7&8 ½ turn to L (6.00) with sweep L behind R, step R beside L, step L fwd

[9 -16] Repeat [1 – 8] Now is facing (12.00)

[17-24] Sways (or body rolls), small weave, heels jack

1-2-3-4 Step R to R side while sways body to R, L, R, L (or body rolls)
5 - 6& Step R to R side, step L behind R , step R to R side
7&8 L fwd heel touch, step L beside R, step R over L

[25-32] Weave to R , sways (or body rolls)

1-2-3-4 Step L to L side , step R behind L ,step L to L side , step R beside L
5-6-7-8 Sways body while step R to R, L, R, L

[33-40] Kickball change , walks fwd , fwd ½ turn , fwd ½ turn

1&2 R kick fwd, step R beside L, cross L over R
3 – 4 Walk fwd on R, L
5 – 6 Step R fwd ½ turn to L, recover on L (6.00)
7 – 8 Step R fwd ½ turn to L, step L beside R (12.00)

[41-48] Cross heel grind ,side heel , cross heel grind, side (repeat on L)

1&2&3&4 Cross R heel grind over L ,recover on L, R heel to R side, recover on L , Cross R heel grain over L, step R to R side
5&6&7&8 Cross L heel grind over R , recover on R , L heel to L side, recover on R, Cross L heel grain over R, step L to L side

[49-56]R fwd heel ,small step back (repeat on L & R), coaster step , side rock ¼ turn L (9.00)

1&2&3&4 Heel fwd on R, small step R backward (repeat on L & R), heel fwd on L
5&6 Step back on L, step R beside L, step fwd on L
7 – 8 Step R fwd ¼ turn to L, recover on L (9.00)

[57-64] cross rock recover, side on R & L , side rock recover, together on R & L

1&2 Cross R over L ,recover on L, step R to R side
3&4 Cross L over R, recover on R, step L to L side
5&6 Rock R to R side , recover on L, step R beside L
7&8 Rock L to L side, recover on R, step L beside R

Let's dance again!

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