

All Alone

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Tony Myers (UK) - May 2013
音樂: All Alone - Fun.



Intro 16 Counts on Vocals

Coaster Step: Behind, Turn, Step: Side Rock, Recover: Cross Shuffle

1&2 Step back on left (1) Step right with left (&) Step forward on left (2)
3&4 Step right behind left (3) Turn ¼ left step forward on left (&) Step forward on right (4) (9:00)
5 6 Rock left to side (5) Recover on right (6)
7&8 Cross left over right (7) Step right to side (&) Cross left over right (8)

Shuffle ½ Turn: Heel & Heel: Side Chasse: Cross, Turn, Heel

1&2 Turn ¼ right step right to side (1) Step left next right (&) Turn ¼ right step forward on right (2) (3:00)
3&4& Dig left heel diagonally forward (3) Step left to right (&) Dig right heel diagonally forward (4) Hitch right (&)
5&6 Step right to side (5) Step left next to right (&) Step right to side (6)
7&8 Cross left over right (7) Turn ¼ left step back on right (&) Dig left heel diagonally forward (8) (12:00) #

& Cross, Side: Sailor Step: Skate, Skate: Step, Turn, Step

&12 Step down on left (&) Cross right over left (1) Step left to side (2)
3&4 Step right behind left (3) Step left to side (&) Step right to side (4)
5 6 Skate forward on left (5) Skate forward on right (6)
7&8 Step forward on left (7) Pivot ½ turn right (&) Step forward on left (8) (6:00)

Turn & Cross: Point & Point: Mambo Turn: Kick Ball Cross

1&2 Step forward on right (1) Pivot ¼ left (&) Cross right over left (2) (3:00)
3&4 Point left to side (3) Step left with right (&) Point right to side (4)
5&6 Rock forward on right (5) Recover on left (&) Turn ½ right step forward on right (6) (9:00)
7&8 Kick left forward (7) Step on left (&) Cross right over left (8)

RESTARTS:-

After 16 counts on wall 3 Restart facing 6:00

After 16 counts on wall 7 add 4 count Tag and Restart facing 9:00

Add Tag at end of wall 4 facing 3:00

TAG. Clap for 4 counts (or whatever you want for 4 counts)

Contact tonymyers@live.co.uk