Bright Side of My Heart



編舞者: Alison Metelnick (UK) - May 2013

音樂: Bright Side of My Heart - Sam Gray: (Album: Too Much Of A Good Thing)



Start after 16 count intro on verse vocal – [96.5bpm – 2mins 58secs]

[1-8] R toe touches x 3, R coaster step, L toe touches x 3, L coaster step

1&2 Touch R toe to right side, touch R toe next to L, touch R toe forward (or low flick kick)

3&4 Step R back, step L next to R, step R forward

Touch L toes to left side, touch L toe next to R, touch L toe forward (or low flick kick)

7&8 Step L back, step R next to L, step L forward

[9-16] R fwd lock step, 1/4 R pivot cross, R chassé, L cross rock/recover 1/4 turn left

Step R forward, lock step L behind R, step R forward
Step L forward, ¼ pivot R, cross step L over R (3 o'clock)
Step R to right side, step L next to R, step R to right side

7&8 Cross rock L over R, recover on R, ¼ turn L step onto L (12 o'clock)

[17-24] ½ L chase turn, L forward lock step, modified ¼ Monterey, L behind-R side-L cross

1&2 Step R slightly forward, ½ L pivot turn, step R forward (6 o'clock)

3&4 Step L forward, lock step R behind L, step L forward

(Option: make a full turn to the right, feels cool to the music)

RESTART WALL 2: After first 20 counts restart the dance from the beginning, you will be facing 9 o'clock

5&6 Point R to right side, ¼ turn R step R beside L, point L to L side (9 o'clock)

7&8 Cross step L behind R, step R to right side, cross step L over R

[25-32] R box step forward & back, R coaster step, ½ R chase turn

Step R to right side, step L next to R, step R forward
Step L to left side, step R next to L, step L back
Step R back, step L next to R, step R forward

7&8 Step L forward, ½ right pivot turn, step L forward (3 o'clock)

TAG: 4 COUNT TAG END OF WALL 3: (you will be facing front wall – 12 o'clock)

Step R to right diagonal, touch L next to R
Step L back to left diagonal, touch R next to L
Step R back to right diagonal, touch L next to R
Step L forward to left diagonal, touch R next to L

BIG ENDING: You will be facing your 3 o'clock wall dance the first 16 counts then add the following 2 counts to face front -

1&2 Step R forward, ¼ L pivot to the front, stomp R forward – strike a pose – Ta Ra!

Dedication: I would like to thank Vikki for recommending the song

Contact - Phone: 01462 735778 - Website: www.thedancefactoryuk.co.uk