

# Liquid Lunch

**COPPER** **NOB**  
BY STEPHEN METELNICK

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - May 2013  
音樂: Liquid Lunch - Caro Emerald



Start after 32 counts, when beat kicks in on verse vocal approx. 21 secs into song [112bpm – 3mins 59secs]

## [1-8] R/L fwd, R & L apart & heel bounce, R heel jack, R weave 2

1-2            Step R forward, step L forward  
&3&4        Step R & L apart, raise both heels off floor; bring heels back down with weight on L  
5&6&        Cross step R over L, step L back, touch R heel forward, step R back  
7-8            Cross step L over R, step R side

## [9-16] ¼ L toaster, R Charleston coaster, R ball step fwd x2

1&2            Sweeping L front to back turn ¼ left step L back, step R together, step L forward (9 o'clock)  
3-4            Touch R forward, step R back  
5&6            Step L back, step R together, step L forward  
&7&8        Step R behind L, step L forward, step R behind L, step L forward

## [17-24] R fwd, ½ L pivot, R fwd, ¼ L pivot, R syncopated cross rock/recover, R & L switches, R fwd

1-4            Step R forward, pivot ½ left, step R forward, pivot ¼ left (12 o'clock)  
5&6&        Cross rock R over L, recover weight on L, touch R side, step R together  
7&8            Touch L side, step L together, step R forward

## [25-32] L fwd rock/recover, L back, R touch together, R fwd, L fwd, ½ R pivot turn, L fwd shuffle

1-2&        Rock L forward, recover weight on R, step L back  
3-6            Touch R together, step R forward, step L forward, pivot ½ right (6 o'clock)  
7&8            Step L forward, step R next to L, step L forward

## [33-40] R side rock/recover, R together, L side rock/recover, ½ L toaster, R forward, ½ L pivot

1-2&        Rock R side, recover weight on L, step R together  
3-4            Rock L side, recover weight on R  
5&6            Turning ½ left sweep L front to back stepping L back, step R together, step L forward  
7-8            Step R forward, pivot ½ left (6 o'clock)

### RESTART HERE ON WALLS 2 & 4 facing front wall

## [41-48] R fwd, hold, L together, R fwd, L touch fwd/back, ½ L turn, ½ L turn, ¼ L turn

1-2&        Step R forward, hold, step L together  
3-6            Step R forward, touch L forward, touch L back, turn ½ left taking weight on L (12 o'clock)  
7-8            Turning ½ left step R back, turning ¼ left step L side (3 o'clock)

### Easier option 6-8: With weight on L turn ¼ left, cross step R over L, step L side

## [49-56] R & L samba, ¼ R jazz with 2 ball crosses

1&2            Cross step R over L, rock L side, recover weight on R  
3&4            Cross step L over R, rock R side, recover weight on L  
5-6            Cross step R over L, turning ¼ right step L back (6 o'clock)  
&7&8        Step R back, cross step L over R, step R side, cross step L over R (looking toward R diagonal)

## [57-64] R diagonal: R fwd, L kick, L back, R behind, L side, L diagonal: R fwd, L kick, L coaster step squaring to back wall

1-3            On right diagonal (7 o'clock), step R forward, kick L forward, step L back  
4&            Step R behind, step L side squaring to back wall

5-6 Turning towards left diagonal (5 o'clock) step R forward, kick L forward  
7&8 Step L back, step R together squaring to back wall, step L forward (6 o'clock)

**Contact - Tel: 01462 735778 - Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)**

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