

Bounce

拍數: 64 牆數: 2 級數: Improver
編舞者: Kay Jeong (KOR) - May 2013
音樂: Bounce - Cho Yong Pil



Intro : 32 Counts

SEC 1: FORWARD & BACKWARD CHA-CHA STEP

1-2 Rock forward on R, Recover on L
3&4 Cha-Cha steps moving slightly back (Right-Left-Right)
5-6 Rock back on L, Recover on R
7&8 Cha-Cha steps moving slightly forward (Left-Right-Left)

SEC 2: RIGHT & LEFT SIDE CHA-CHA STEP

1-2 Rock R to right side, Recover on L
3&4 Cha-Cha Steps in place (Right-Left-Right)
5-6 Rock Rock L to left side, Recover on R
7&8 Cha-Cha Steps in place (Left-Right-Left)

SEC 3: CROSS STEP TOUCHS

1-2 Cross R over L, Touch left to side
3-4 Cross L over R, Touch right to side
5-6 Cross R over L, Touch left to side
7-8 Cross L over R, Touch right to side

(Hand Styling : Put left palm on chest with pointing index right fingers to right side)

SEC 4: (JAZZ BOX WITH 1/4 TURN) X 2

1-4 Cross R over L, Step back on L, Turning 1/4 right step on R, Step forward on L
5-8 Repeat 1-4

SEC 5: (WALK FORWARD) X 3, TOUCH, (WALK BACK) X 3, TOUCH

1-4 Step forward on R-L-R, Touch L next to R
5-8 Step back on L-R-L, Touch R next to L

SEC 6: REPEAT SEC 5

SEC 7: ROLLING VINE WITH CLAP

1-4 Make 1/4 turn right stepping R forward. Make 1/2 turn right stepping L back, Make 1/4 turn right stepping R to right side, Touch L to left side with clap
5-8 Make 1/4 turn left stepping L forward. Make 1/2 turn left stepping R back, Make 1/4 turn left stepping L to left side, Touch R to right side with clap

SEC 8: BOX STEP, HIP ROLLING

1-4 Step R over L, Step L over R, Step back on R, Step L to left side
5-8 Roll Hips clockwise

TAG: At the end of wall 4

1-4 Roll Hips anti-clockwise
5-8 Roll Hips clockwise

RESTARTS:-

On Wall 2, After count 48.

On Wall 5, After count 32, Roll hips clockwise, then restart.

Contact - Email : littleks@hanmail.net
