

Move Over

拍數: 32 牆數: 4 級數: Basic Beginner
編舞者: Pauline Greenwood (AUS) - April 2013
音樂: Move Over Darling - Doris Day : (Album: The Magic Of Doris Day)



Position - Feet Together Weight On Left Foot.

Dance Starts On The Word 'Our' - After 16 Count Introduction. (9 Secs)

[1 - 8] FORWARD. TOGETHER. SIDE. ROCK. ROLL. ROCK. REPLACE

1 2 Step R forward, Step L beside R,
3 4 Step R to R side, Rock weight on to L side,
5 6 Rotating hips back at L45 in an anti-clockwise full circular motion,(2counts)
7 8 Rock weight swaying to R side, Replace weight to L and sway L hip to L side.

[9 - 16] BACK. TOGETHER. SIDE. ROCK. ROLL. ROCK. REPLACE

1 2 Step R back, Step L beside R,
3 4 Step R to R side, Rock weight on to L side,
5 6 Rotating hips back at L45 in an anti-clockwise full circular motion,(2 counts)
7 8 Rock weight swaying to R side, Replace weight to L and sway L hip to L side.

[17 - 24] FORWARD. TOGETHER. CROSS. SWEEP. CROSS. SIDE.BEHIND. SWEEP

1 2 Step R forward, Step L beside R,
3 4 Step R across L, Sweeping L in front of R,
5 6 Step L across R, Step R to R side,
7 8 Step L behind R, Sweeping R behind L.

[25 - 32] BEHIND. QUARTER. FORWARD. HOLD. BACK. BACK. TOGETHER. HOLD

1 2 Step R behind L, Turning 1/4L step L forward, (9.00)
3 4 Step R forward, Hold,
5 6 Step L back, Step R back,
7 8 Step L beside R, Hold.

Repeat In Counter Clockwise Rotation

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