Insatiable

拍數: 32	牆數: 4	級數: Intermediate
編舞者: Anne Herd (AUS) - January 2013		
音樂: Insatiable - Darren Hayes : (CD: Spin)		

Start dancing on main vocals. - (In Night Club Two Step Rhythm) Moving CW

[1-8] Step Drag, Rock Replace, Step Drag ¼, Rock Replace, Step Lock Step, Pivot ½ Step

1-2&3-4&   Step R to side while dragging L towards R, rock back on L, replace R. Step L to side while dragging R towards L, Turn ¼ R, Rock back on R, Replace L

5&6-7&8   Step R forward, Lock L behind R, Step R forward. Step forward on L, Pivot ½ R, Step forward on L

[9-16] Sweep Front Side Behind, Sweep Behind Side Cross, Cross, Cross Step, Hip Sway

1&2-3&4   Sweep R out and around in front of L, Step L to side, Step R behind L. Sweep L out and around behind R. Step R to side, Cross L over R.

5-6-7&8&   Cross R over L, Cross L over R, Step R forward on diagonal as you sway hips R L R L*

[17-24] Rock/Replace, Step Back, Coaster, ½ Pivot Step, Full Turn

1&2-3&4   Step forward on R, recover weight to L. Step back on R as you drag L towards R. Step back on L, Step R beside L, Step L forward.

5&6-7&8   Step forward on R pivot ½ L. Step forward on R. Full turn R stepping L R L (option:To cut out the full turn, walk forward stepping LRL) #

[25-32] Left Weave, Point, Right Weave, Point, Rock/Replace, Step Back, Sailor

1&2&3&4&   Cross R over L, step L to side, cross R behind L, Point L to side. Cross L over R, Step R to side, Cross L behind R, Point R to side

5&6-7&8   Rock forward on R Replace weight to L, Step back on R. Bring L behind R, step R to side, step L to side as you drag R towards L

Restart Dance

Restarts. - There is a Restart in the dance on walls 2, 5 & 8.
* On walls 2 & 5 dance to count 16 and restart dance.
# On wall 8 dance to count 24 and restart dance.

Ending: To end dance, dance to count 22 (1/2 Pivot) and drag L towards R

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