

Break The Walls

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Phoenix Adamson (NZ) - May 2013
音樂: Just a Little - Liberty X



Intro: Starts On Word 'Sexy' When Strong Beat Kicks In (Approximately 24 Counts)

SIDE ROCK, BEHIND – SIDE – CROSS, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 – 2 – 3 & 4 Rock Right To Side, Recover Weight Onto Left, Cross Right Behind Left, Step Left To Side, Cross Right Over Left
- 5 – 6 – 7 & 8 Rock Left To Side, Recover Weight Onto Right, Cross Left Behind Right, Step Right To Side, Cross Left Over Right

DIAGONAL HIP BUMPS, ROCK RECOVER, SHUFFLE ½ TURN

- 1 – 2 – 3 & 4 Step Forward On Right Diagonal & Bump Hips Forward – Back – Forward – Back (&), Forward (Weight On Right)
- 5 – 6 – 7 & 8 Rock Forward On Left, Recover Onto Right, Making ½ Turn Left Shuffle Forward Stepping Left – Right – Left (6 O'Clock)

DIAGONAL HIP BUMPS, ROCK RECOVER, SHUFFLE ¼ TURN

- 1 – 2 – 3 & 4 Step Forward On Right Diagonal & Bump Hips Forward – Back – Forward – Back (&), Forward (Weight On Right)
- 5 – 6 – 7 & 8 Rock Forward On Left, Recover Onto Right, Making ¼ Turn Left Side Shuffle Stepping Left – Right – Left

HEEL – BALL – STEP, HEEL – BALL – STEP, ROCKING CHAIR

- 1 & 2 Tap Right Heel Forward, Step Right Beside Left (&), Step Forward On Left
- 3 & 4 Tap Right Heel Forward, Step Right Beside Left (&), Step Forward On Left
- 5 – 6 – 7 – 8 Rock Forward On Right, Recover Onto Left, Rock Back On Right, Recover Onto Left

REPEAT
