

Just Completely!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate (Jazz motion)
編舞者: Sebastiaan Holtland (NL) - May 2013
音樂: Completely - Caro Emerald : (Album: The Shocking Miss Emerald - iTunes)



32 count intro (start on vocals).

Sec 1: [1-8] Jazz Kick Diag, & Cross (Plié), Syncopated Swingin`Hips.

1-2 Kick Rt out diagonal, Hold. (Optional: Jazz hands L-R out).
&3-4 Step Rt back in place, cross Lt over Rt (bending knees), Hold.
(Optional: Both Hands next your hips down to the floor with hand palm).
5-6 Step Rt to the right push R hip to right, recover on Lt.
&7-8 Step Rt next to Lt, push L hip to left, recover on Rt.

Sec 2: [9-16] ¼ L, Step, ½ L, Back, ½ L, Step, Sweep Turn ¼ L, Cross, Side, Cross, Knee Lift Out.

1-2 Turn ¼ left (9) step Lt slightly forward, turn ½ left (3) step Rt back.
3-4 Turn ½ left (9) step Lt slightly forward, turn ¼ left (6) sweep Rt from back to front.
5-7 Cross Rt over Lt, step Lt slightly to the left, cross Rt over Lt.
8 Lift L knee up to diagonal (out).

Sec 3: [17-24] Behind, ¼ R, Step, Fwd Rock, Recover, ½ L, Step, ¼ L, Side, Back Rock, Recover.

1-2 Step Lt behind Rt, turn ¼ right (9) step Rt slightly forward.
3-4 Rock Lt forward, recover on Rt.
5-6 Turn ½ left (3) step Lt slightly forward, turn ¼ left (12) step Rt to the right.
7-8 Rock Lt back, recover on Rt.

Sec 4: [25-32] L Side Jump, Hold, R Side Jump, Hold, ¼ L, Fwd Hip Roll, Recover, Step, Touch.

&1-2 Small jump to the left, touch Rt next to Lt, Hold.
&3-4 Small jump to the right, touch Lt next to Rt, Hold.
5-6 Turn ¼ left (9) step Lt forward push hip forward, recover on Rt.
7-8 Step Lt forward, touch Rt next to Lt. (9:00)

Start again and have fun!

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