

Feelin' So Fly

COPPER KNOB
STEPPERS

拍數: 32

牆數: 4

級數: Phrased High Beginner / Low Intermediate



編舞者: Jamie Marshall (USA) - November 2008

音樂: Feelin' So Fly - TobyMac : (CD: Christian Rap Artist-Portable Sounds)

OR - (Any WCS or Classic Rock)

Phrasing: 32, 32, 32, 32, 32, 4 Bonus, 32, 32, 32, 32, 28, 32 rest of wall
Phrased High Beginner/Low Intermediate

R SIDE ROCK, RECOVER, L SIDE ROCK, RECOVER

1,2,& Rock R to R (1), Recover on L (2), Step R next to L (&
3,4 Rock L to L (3), Recover on R (4) (12:00)

POINT, HITCH, FORWARD SHUFFLE

5,6 Point L to L (5), Turn ¼ L with L Hitch (6)
7&8 Step L forward (7), Step R next to L (&), Step L forward (8) (9:00)

PIVOT STEPS

9,10 Step R forward (9), Pivot ½ L taking weight on L (10) (3:00)
11,12 Step R forward (11), Pivot ½ L taking weight on L (12) (9:00)

WEAVE RIGHT

13,14 Step R to R (13), Cross L behind R (14)
&15& Step R to R (&), Cross L over R (15), Step R to R (&
16 Cross L behind R (16) (9:00)

STEP, TOUCH TOE DIAGONALLY FORWARD WITH KNEE BENT, HIP BUMPS

&17 Step R to R (&), Touch L toe diagonally forward (weight on R) (17)
&18 Bump hips to L (&), Bump hips to R (18) (weight on R)
&19 Bump hips to L (&), Bump hips to R (19) (weight on R)
&20 Bump hips to L (&), Bump hips to R (20) (weight on R) (9:00)

VINE L, SCUFF

21,22 Step L to L (21), Cross R behind L (22)
23,24 Step L to L (23), Scuff R next to L (24) (9:00)

JAZZ TRIANGLE, ¼ TURNS WITH HIP ROLLS

25,26 Cross R over L (25), Step L back (26)
27,28 Step R to R (27), Step L next to R (28)
29,30 Step R forward (29), Pivot ¼ L, rolling hips counter-clockwise (30)
31,32 Step R forward (31), Pivot ¼ L, rolling hips counter-clockwise (32)

Bonus:

Wall #5: Sway R,L,R,L

Omit: Wall #9 – Omit the last 4 counts (1/4 Turns with Hip Rolls)

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(Revised 3/5/09)