

Stronger

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gaye Teather (UK) - May 2013
音樂: Stronger - Chris James



CD: Track available from iTunes and Amazon - (Type in 'Stronger - Chris James')
16 count intro

Forward rock & half turn Right. Triple full turn Right (travelling forward) & forward rock. Run back x 3.
Together

1&2 Rock forward on Right. Recover onto Left. Half turn Right stepping forward on Right
3&4 Triple full turn Right (travelling slightly forward) stepping Left. Right. Left (Facing 6 o'clock)
Option for counts 3&4. 3 small running steps forward Left. Right. Left
&5 – 6 Step Right beside Left. Rock/lunge forward on Left. Recover onto Right
7&8& Run back (small steps) Left. Right. Left. Step Right beside Left

Forward lock step. Step. Pivot quarter turn Left. Cross. Quarter turn Right x 2. Cross. Sway. Sway

1&2 Step forward on Left. Lock Right behind Left. Step forward on Left
3&4 Step forward on Right. Pivot quarter turn Left. Cross Right over Left
5&6 Quarter turn Right stepping back on Left. Quarter turn Right stepping Right to Right. Cross
 Left over Right (Facing 9 o'clock)
7 – 8& Step Right to Right swaying hips Right. Sway hips Left. Drag Right beside Left (weight on
 Left)

Side Right. Back rock. Vine Left. Cross. Side. Quarter turn Right. Step. Right & Left Prissy walks

1 – 2& Long step on Right to Right side. Rock back Left behind Right. Recover onto Right
3&4& Step Left to Left side. Cross Right behind Left. Step Left to Left. Cross Right over Left
5&6 Step Left to Left side. Quarter turn Right transferring weight to Right. Step forward on Left
 (Facing 12 o'clock)
7 – 8 Step Right forward and slightly across Left. Step Left forward and slightly across Right

***Restart dance from the beginning at this point during wall 3 (you will be facing 12 o'clock)**

Step. Pivot half turn Left. Step. Cross. Unwind full turn Right. Forward Left lock step. Right Rocking chair

1&2 Step forward on Right. Pivot half turn Left. Step forward on Right
3 – 4 Cross Left over Right. Unwind a full turn Right, dipping knees slightly and pushing palms of
 hands down (weight remains on Right) (Facing 6 o'clock)
5&6 Step forward on Left. Lock Right behind Left. Step forward on Left
7&8& Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

****Tag: At the end of wall 6 (You will be facing 6 o'clock) add the following 4 counts before restarting dance from beginning**

Tag: Sway diagonally forward Right. Recover. Sway Diagonally back. Recover

1 – 2 Step Right diagonally forward Right swaying/ pushing hips forward. Recover onto Left
3 – 4 Step Right diagonally back Right swaying/pushing hips back. Recover onto Left

Start again