

Begin Again

COPPERKNOB
BY STEPHEN HETS

拍數: 40

牆數: 4

級數: Intermediate / High Intermediate -
Country NC2S



編舞者: Dee Musk (UK) - April 2013

音樂: Begin Again - Taylor Swift : (Album: Red - Deluxe Version)

8 Count Intro – Approx 6 seconds - Track approx 3 mins 58 secs BPM Approx 80

Side Sailor ½ Turn Cross L, Rock & Cross, Side, Sailor ½ Turn Cross R.

- 1,2&3 Step R to R side, making a sailor ½ turn L cross step L behind R, make a ½ turn L stepping R to R side, cross L over R.
4&5 Rock R to R side, recover weight to L, cross R over L.
6 Step L to L side.
7&8 Making a ½ sailor turn R cross step R behind L, make a ½ turn R stepping L to L side, Cross R over L. (12 o'clock).

Ball 1/4 Turn Cross R, Rock & Cross, Side Close, Side, Sailor ¼ Turn L, Step Lock.

- &1 Make a ¼ turn R stepping back on L, cross R over L. (3 o'clock).
2&3 Rock L to L side, recover weight to R, cross L over R.
4& Step R to R side, close L beside R.
**** Restart 2 - from here during wall 7 begin again facing 12 o'clock.**
5 Step R to R side.
6&7 Making a sailor ¼ turn L cross step L behind R, step R to R side, step forward on L.
8& Step forward on R, cross lock L behind R. (12 o'clock).

Step Sweep, Cross ¼ Turn L Side, Cross Shuffle, Back Side Cross, Back Side.

- 1 Step forward on R whilst sweeping L from behind to in front of R.
2&3 Cross L over R, make a ¼ turn L stepping back on R, step L to L side.
4&5 Cross R over L, step L to L side, cross R over L.
6&7 Travelling slightly backwards step back on L, step R to R side, cross L over R.
8& Travelling slightly backwards step back on R, step L to L side. (9 o'clock).

3 Walks Forward R, L, R, Step ½ Turn R, 3 Walks Forward L, R, L, Step ¾ Turn L.

- 1-3 Walk forward R, L, R.
4& Step forward L, make a ½ turn R (weight forward on R).
5-7 Walk forward L, R, L.
8& Step forward on R, make a ¾ turn L (weight on L). (6 o'clock).

*** Restart 1 - from here during wall 2 – begin again facing 9 o'clock wall.**

Side Back Rock Side, R Coaster Step, Step ¾ Turn R, Side, Back Rock.

- 1,2&3 Step R to R side, rock L behind R, recover weight to R, step L to L side.
4&5 Step back on R, step L beside R, step forward on R.
6&7 Step forward on L, make a ¾ turn R, step L to L side.
8& Cross rock R behind L, recover weight to L. (3 o'clock).

Written for my good friend Pauline, who adores this track ? xxx

*** Restart 1 - During wall 2 dance up to and including count 32&.**

****Restart 2 - During wall 7 dance up to and including count 12&.**

Contact: deemusk@btinternet.com - Dee – 07814 295470

