

Feels Like Rock N' Roll

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Newcomer
編舞者: David Linger (FR) - February 2012
音樂: Feels Like Rock 'n Roll - Bouke : (Album: For The Good Times, track 7)



Specially created for the Dancing Week-End at La Forêt-Fouesnant (29)

Start : after 4x8 counts, on the word « Was », at 11 secondes...« When I WAS, a just a little boy... »

R Point, R Hitch Cross, R Point, R Hitch Cross, Hip Bumps

- 1 – 2 R point to right side, R hitch cross over L leg
- 3 – 4 R point to right side, R hitch cross over L leg
- 5 – 6 R step to the right with R bump, L bump
- 7 – 8 R bump, L bump with R hitch cross over L leg (weight ending on L)

R Vine, L Side, Swivels

- 1 – 2 Step R to the right side, step L cross behind R
- 3 – 4 Step R to the right side, step L in place (feet apart)
- 5 – 6 Swivel heels to the left, swivel heels to the center (recover)
- 7 – 8 Swivel heels to the left, swivel heels to the center (recover)

R & L Kicks Cross Travelling Forward, R Toe Strut, ¼ Turn Left & L Toe Strut

- 1 – 2 R kick across L leg, R step to the right side and slightly forward
- 3 – 4 L kick across R leg, L step to the left side and slightly forward
- 5 – 6 R step (on the ball) forward, drop R heel on the floor
- 7 – 8 ¼ turn left (9:00) and L step (on the ball) on place, drop L heel on the floor

Run Steps Forward, Hold, ½ Turn Left with Heel Bounces, Hold

- 1 – 3 3 steps (R-L-R) forward (runs forward, it's more funny !!!)
- 4 Hold
- 5 – 7 ½ progressive turn left (3h) with heel bounces (x3)
- 8 Hold

Variation : for the Fun and just before every chorus, run 5 steps forward (R-L-R-L-R) to the rythm of the music, hold on 6 than turn ½ left on count 7 (weight on L), hold on 8...

BE COOL, SMILE & HAVE FUN !!!

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