Step Off



編舞者: Frank Trace (USA) - May 2013

音樂: Step Off - Kacey Musgraves: (CD: Same Trailer Different Park)



Intro: Start after 32 counts on the vocal.

RIGHT TOE TOUCHES, STEP SLIDE, TOUCH

1-4 Touch R toe to R side, touch R next to L, touch R to R side, touch R next to L

5 Step R a long step to the right side

6-7 Slow drag L to meet R 8 Touch L next to R

LEFT TOE TOUCHES, STEP SLIDE, TOUCH

1-4 Touch L toe to L side, touch L next to R, touch L to L side, touch L next to R

5 Step L a long step to the left side

6-7 Slow drag R to meet L 8 Touch R next to L

TOE STRUT JAZZ BOX WITH 1/4 TURN RIGHT

1-4 Cross R toe over L, drop R heel, step L toe back starting a ¼ turn right, drop heel

5-8 Step R toe to right side, drop heel, step L toe next to R, drop heel (3:00)

STEP LOCK, STEP SCUFF, STEP, LOCK STEP, TOUCH

Step R forward, lock L behind R, step R forward, scuff L forward
Step L forward, lock R behind, step L forward, touch R next to L

START OVER

NOTE: Easy to remember Restart happens at the end of the 4th wall facing 12:00. You simply repeat the first 16 counts.

^{*} Restart happens here at the end of the 4 wall facing 12:00