I Just Remember

拍數: 48

級數: Intermediate

編舞者: Esmeralda van de Pol (NL) - April 2013

音樂: You'll Always Be My Baby - Sara Evans

Intro : 12 counts

SIDE, 1/8 TURN L ,STEP BACK, 1/8 TURN L, FWD RUN, FWD ROCK, RECOVER & 1/4 TURN R, CROSS, SIDE, BEHIND, SIDE

- 1-2& Step R to R side, 1/8 Turn L-step L back, Step R back
- 3-4& 1/8 Turn L-step L to L side, Step R fwd, Step L fwd
- 5-6& Rock R fwd, Recover on L, 1/4 Turn R-Step R next to L
- 7&8& Step L over R, Step R to R side, Step L behind R, Step R to R side

CROSS ROCK FWD, RECOVER, 1/4 TURN R X2, BEHIND SIDE, CROSS, FULL TURN R, SIDE, BEHIND, SIDE, CROSS ROCK FWD, RECOVER

- 1-2& Rock L across R, Recover on R, 1/4 Turn L-step L fwd
- 3-4& 1/4 Turn L-step R to R side, Step L behind R, Step R to R side
- 5-6& Cross L over R, Full Turn R-weight on R, Step L slightly to L side
- 7&8& Step R behind L, Step L to L side, Rock R across L, Recover on L

BASIC NIGHTCLUB R, 1/4 TURN L, STEP FWD, 1/2 TURN L, STEP FWD, FULL TURN R, STEP FWD, FWD ROCK

- 1-2& Step R to R side, Step L behind R, Cross R over L
- 3-4& 1/4 Turn L-step L fwd, Step R fwd, 1/2 Turn L-weight on L
- 5-6& Step R fwd, 1/2 Turn R-step L back, 1/2 Turn R-step R fwd
- 7-8& Step L fwd, Rock R fwd, Recover on L

STEP BACK, ROCK BACK, RECOVER, 1/4 TURN R, R SAILOR STEP, BEHIND-SIDE-CROSS, CROSS SIDE, BEHIND

- 1-2& Step R back, Rock L back, Recover on R
- 3-4&5 1/4 Turn R-step L to L side, Step R behind L, Step L to L side, Step R to R side
- 6&7 Step L behind R, Step R to R side, Cross L over R sweep R to front
- 8&1 Cross R over L, Step L to L side, Step R behind L sweep L to back

BEHIND-SIDE, L CROSS ROCK FWD, SIDE, R CROSS ROCK FWD, SIDE, FWD STEP, PIVOT 1/2 TURN L

- 2& Step L behind R, Step R to R side
- 3-4& Rock L across R, Recover on R, Step L to L side
- 5-6& Rock R across L, Recover on L, Step R to R side
- 7-8& Step L fwd, Step R fwd, 1/2 Turn L-weight on L

BASIC NIGHTCLUB R&L, SIDE, COASTER STEP, FULL TURN L

- 1-2& Step R to R side, Step L behind R, Cross R over L
- 3-4& Step L to L side, Step R behind L, Cross L over R ** restart 2nd wall
- 5-6&7 Step R to R side, Step L back, Step R next to L, Step L fwd
- 8& 1/2 Turn L-Step R back, 1/2 Turn L-step L fwd

(option: counts 8& two walks fwd)

Restart: in de 2nd wall after counts 44&

Tag : end of the 4th wall 4 Hipsways : R, L, R, L





牆數:2