

Phoenix Legend

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Betty Lee (CAN) - May 2013
音樂: He Tang Yue Se (荷塘月色) - Phoenix Legend (鳳凰傳奇)



Start dancing on lyrics

LEFT SCISSORS CROSS, SIDE ROCK, CROSS SHUFFLE, SIDE ROCK

1&2 Step left to left, step right beside left, cross left over right
3-4 Rock right to right, recover to left
5&6 Cross right over left, step left to left, cross right over left
7-8 Rock left to left, recover to right

FORWARD ROCK, SHUFFLE 1/2 TURN LEFT, FORWARD ROCK, SAILOR 1/4 TURN RIGHT

1-2 Rock left forward, recover to right
3&4 1/4 turn left step left to left, step right beside left, 1/4 turn left step forward left (6:00)
5-6 Rock right forward, recover to left
7&8 Step right behind left, 1/4 right turn step left to left, step right to right (9:00)

(option: 1/4 turn right side shuffle)

TOUCH, RIGHT KNEE POP, LEFT KNEE POP, RIGHT KNEE POP, LEFT KNEE POP, CHASSE LEFT, CHASSE RIGHT

&1, 2 Touch left beside right with knee inward, (Right knee pop transferring weight to left,
3, 4 Left knee pop transferring, weight to right) x 2
5&6 Step left to left, step right beside left, step left to left
7&8 Step right to right, step left beside right, step right to right

SHUFFLE 1/4 LEFT TURN, LOCK STEPS FORWARD X 3

1&2 Step left to left, Step right beside left, 1/4 turn left step forward left (6:00)
3&4 Step right forward, Step left behind right, Step right forward
5&6 Step left forward, Step right behind left, Step left forward
7&8 Step right forward, Step left behind right, Step right forward

*** 32 count TAG: End of wall 6, facing 12:00, when reciting

(CROSS, POINT) x2 travelling forward, (CROSS, POINT) x2 travelling back

1-2, 3-4 Cross left over right, Point right to right, Cross right over left, point left to left
5-6, 7-8 Cross left behind right, Point right to right, Cross right behind left, Point left to left

STEP, HEEL SWIVELS TRAVELLING LEFT, SIDE, BEHIND, HOLD; REPEAT FOR RIGHT SIDE

&1,2,3,4 Step left beside right, Heel swivel to the left ending weight on right,
5-6 Step left to left, Cross touch right behind left
7-8 Hold, (arms by the sides, palms in, waving hands like fish fins moving in the water)

Repeat the above 8 counts for the right side

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2-3-4 Step left to left, Step right beside left, Step left to left, Touch right beside left
5-6-7-8 Step right to right, Step left beside right, Step right to right, Touch left beside right

*** ENDING: Wall 11 facing 12:00, after 12 counts, 1/2 turn left, step forward right

Thanks to my dance student Anna Cheung for introducing this music to me.

Contact: bettysmlee@live.ca

Last Revision - 31st Oct 2016
