

Pucker Paint

拍數: 112 牆數: 2 級數: Phrased Improver
編舞者: Don Pascual (FR) - June 2012
音樂: Pucker Paint - The Refreshments



Sequence: A A B A C A A B A A (16 last counts) C

A : 32
B : 32
C : 48

Start on vocals

Part A :

Section 1: Runs R&L fwd, stomp R to the R, hold, L hitch with clap, point L to the L, L hitch with clap, hold

1-4 Run R forward, run L forward, stomp R to the R, hold
5-6 Hitch L (crossing over R) + clap, point L to the L
7-8 Hitch L (crossing over R) + clap, hold

Section 2: Back runs L&R, stomp L to the L, hold, R hitch with clap, point R to the R, R hitch with clap, hold

1-4 L back run, R back run, stomp L to the L, hold
5-6 Hitch R (crossing over L) + clap, point R to the R
7-8 Hitch R (crossing over L) + clap, hold

Section 3: Step R to the R, together, stomp R to the R, hold, L hitch with clap, point L to the L, L hitch with clap, hold

1-4 Step R to the R, L beside R, step R to the R, hold
5-6 Hitch L (crossing over R) + clap, point L to the L
7-8 Hitch L (crossing over R) + clap, hold

Section 4: Step L to the L, together, stomp L to the L, hold, R hitch with clap, point R to the R, R hitch with clap, hold

1-4 Step L to the L, R beside L, step L to the L, hold
5-6 Hitch R (crossing over L) + clap, point R to the R
7-8 Hitch R (crossing over L) + clap, hold

Part B :

Section 1: Dwight steps x2 (travelling to the R), R side shuffle, L back rock step

1-2 Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
3-4 Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
5&6 Step R to the R, L beside R, step R to the R
7-8 Step L behind (on ball), recover onto R

Section 2: Dwight steps x2 (travelling to the L), L side shuffle, R back rock step

1-2 Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
3-4 Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
5&6 Step L to the L, R beside L, step L to the L
7-8 Step R behind (on ball), recover onto L

Section 3: Runs R, L, R fwd, hold, heel bounces x3 making a ½ T to the L, hold

- 1-4 Run R forward, run L forward, run R forward, hold
5-8 Lift & drop both heels x3 making a ½ T to the L, hold

Section 4: R&L stomps, clap, clap, R knee pops

- 1-2 Stomp R forward (R diagonal), stomp L to the L
3-4 Clap (with R palm upward and L palm downward), clap (with R palm downward and L palm upward)
5-6 Pop R knee in (straightening L) pointing your L index finger towards L diagonal, recover
7-8 Pop R knee in (straightening L) pointing your L index finger towards L diagonal, recover

Style : On counts 5-8, R hand at your waist, looking at your L index finger

Nota: On counts 5-8, weight on L

Partie C :

Section 1: Dwight steps x2 (travelling to the R), R side shuffle, L back rock step

- 1-2 Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
3-4 Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
5&6 Step R to the R, L beside R, step R to the R
7-8 Step L behind (on ball), recover onto R

Section 2: Dwight steps x2 (travelling to the L), L side shuffle, R back rock step

- 1-2 Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
3-4 Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
5&6 Step L to the L, R beside L, step L to the L
7-8 Step R behind (on ball), recover onto L

Section 3: Heel struts forward R, L, R, L

- 1-4 R heel forward, drop R ball, L heel forward, drop L ball
5-8 R heel forward, drop R ball, L heel forward, drop L ball

Section 4: (Point R to the R, hitch R) x4, making a ½ T to the L

- 1-2 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
3-4 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
5-6 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
7-8 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L

Section 5: Heel struts forward R, L, R, L

- 1-4 R heel forward, drop R ball, L heel forward, drop L ball
5-8 R heel forward, drop R ball, L heel forward, drop L ball

Section 6: (Point R to the R, hitch R) x4, making a ½ T to the L

- 1-2 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
3-4 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
5-6 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L
7-8 Point R to the R, hitch R (crossing over L) making a 1/8 T to the L

Have fun with this dance !!!

Contact: countryscal@orange.fr

