

Didn't Sleep A Wink !

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Terry Mchugh (UK) - April 2013
音樂: Who's Been Sleeping in My Bed - Glenn Frey



32 count intro,

Step Fwd On Right And Hold, Step Left Behind Right, Step Fwd On Right, Scuff Left Beside Right.

1-2 step fwd on right and hold,
&3-4 step left behind right, step fwd on right, scuff left beside right
5-6 rock fwd on left , recover on right,
7&8 step back on left, step right beside left, step fwd on left,

Weave Left With Heel Dig, Weave Right With Heel Dig.

1-2 cross right over left, step left to left side,
3&4& step right behind left, step left to left side dig right heel fwd step right in place,
5-6 cross left over right, step right to right side,
7&8& step left behind right, step right to right side, dig left heel fwd, step left in place

Heel Digs X2, Coaster Step. Rocking Chair.

1-2 dig right heel fwd twice,
3&4 step back on right, step left beside right, step fwd on right,
5-6 rock fwd on left, recover on right,
7-8 rock back on left, recover on right

Cross Rock To Right, Chasse Left, Cross Rock To Left, Chasse Right.

1-2 cross rock left over right, recover on right,
3&4 chasse left, stepping left, right, left,
5-6 cross rock right over left, recover on left,
7&8 chasse right, stepping right, left, right,

Three Heel Digs And Hold X2.

1&2 dig left heel fwd, step left in place, dig right heel fwd,
&3-4 step right in place, dig left heel fwd and hold
&5&6 step left in place, dig right heel fwd, step right in place, dig left heel fwd,
&7-8 step left in place, dig right heel fwd and hold

Twinkles Fwd X2, 1/4 Turns Left X2.

1&2 cross right over left, step left to left side , step right in place (travelling fwd)
3&4 cross left over right, step right to right side, step left in place (travelling fwd)
5-6 step fwd on right, pivot 1/4 turn left,
7-8 step fwd on right, pivot 1/4 turn left,

Kick Ball Change, Walk Fwd X2, Toe Points To Side X3.

1&2 kick right fwd, step right beside left, step left in place
3-4 walk fwd right, left,
5&6& point right toe to right side step right beside left, point left toe to left side, step left beside right,
7-8 point right toe to right side and hold,

Fwd Tap, Back Tap, Sailor Steps (Travelling Back) X2.

1-2 step fwd on right, tap left behind right
3-4 step back on left, tap right beside left,

5&6 cross right behind left,step left beside right, step right in place
7&8 cross left behind right,step right beside left, step left in place.

Choreographers note: the dance has been written as a two wall dance, but it can be changed to a four wall by changing one of the half turns in Section Six to 1/4 turn, if you so wish.

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