

# My Heart Beat

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Gail Davis (NZ) - March 2013  
音樂: Can't You Hear My Heartbeat - Herman's Hermits



**Intro: 8 Counts (After Strong Beat Kicks In)**

**STEP – LOCK – STEP WITH TOUCH, STEP – LOCK – STEP WITH TOUCH**

- 1 – 2 – 3 – 4      Step Forward On Right, Lock Left Behind Right, Step Forward On Right, Touch Left Beside Right  
5 – 6 – 7 – 8      Step Forward On Left, Lock Right Behind Left, Step Forward On Left, Touch Right Beside Left

**BRONCO HITCH, BRONCO HITCH, TOE STRUT, TOE STRUT WITH ¼ TURN**

- 1 – 2 – 3 – 4      Point Right To Side, Hitch Right Knee Across Left (Slapping With Left Hand), Point Right To Side, Hitch Right Knee Across Left (Slapping With Left Hand)  
5 – 6 – 7 – 8      Touch Right Toe Back, Drop Heel, Making ¼ Turn Left Touch Left Toe To Side , Drop Heel (9 O'Clock)

**VINE RIGHT, BRONCO HITCH, BRONCO HITCH**

- 1 – 2 – 3 – 4      Step Right To Side, Cross Left Behind Right, Step Right To Side, Touch Left Beside Right  
5 – 6 – 7 – 8      Point Left To Side, Hitch Left Knee Across Right (Slapping With Right Hand), Point Left To Side, Hitch Left Knee Across Right (Slapping With Right Hand)

**VINE LEFT WITH ¼ TURN & SCUFF, JAZZ SQUARE**

- 1 – 2 – 3 – 4      Step Left To Side, Cross Right Behind Left, Making ¼ Turn Step Forward On Left , Scuff Right  
5 – 6 – 7 – 8      Cross Right Over Left, Step Back On Left, Step Right To Side, Close Left Beside Right

**REPEAT**

**RESTARTS: -**

- On Wall 2 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 3)  
On Wall 3 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 4)  
On Wall 5 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 6)  
On Wall 6 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 7)  
On Wall 9 There Is A Restart After 1st 16 Counts (This Now Becomes Wall 10)  
On Wall 10 There Is A Restart After 1st 28 Counts (This Now Becomes Wall 11)

**Last Revision - 15th June 2013**