

Shakin' That Sugar

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jill Weiss (USA) - April 2013
音樂: Boys 'Round Here (feat. Pistol Annies & Friends) - Blake Shelton



Intro 32 counts

HEEL GRINDS AND COASTER STEPS, ¼ TURN LEFT

1-2 Step right forward heel grind
3&4 Step right back, step left back, step right forward
5-6 Step left side with heel grind and pivot on heel turning ¼ left
7&8 Step left back, step right back, step left forward

SIDE MAMBO, PUSH LEFT PIVOT KICK, COASTER, BIG STEP FORWARD

1&2 Rock right, recover left, step right home (bump hip while rocking out)
3&4 Touch left toe to side, pivot on toe ¼ turn left, kick left forward
5&6 Step back on left, step back on right, step forward on left
7-8 Big step forward right, step left next to right

CROSS ROCKS, TURNING HIP ROLLS, COASTER STEP

1&2 Rock right, recover left, cross right over left
3&4 Rock left, recover right, cross left over right
5&6 Step right to side and roll hips counter clockwise while turning ¼ left , end weight on right
(Option: make same turn using two right hip bumps)
7&8 Step left back, step right back, step left forward

POINT AND CROSS, HIP PUSHES/BUMPS

1-2 Point right to side, step right in front of left
3-4 Point left to side, step left in front of right
5&6 Step right toe forward pushing hips forward and back, heel down
7&8 Step left toe forward pushing hips forward and back, heel down

RESTART: After count 16 on wall 3

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