

Du Bist

拍數: 64 牆數: 4 級數: Improver
編舞者: Joenan (AUS) - April 2013
音樂: Du bist es - DJ Ötzi



Count in 64 counts

Lindy Right, Lindy Left

1&2 Chasse right (R, L, R)
3-4 Rock back on L, recover on R
5&6 Chasse left (L, R, L)
7-8 Rock back on R, recover on L (12:00)

Pivot ¼ Left, Pivot ¼ Left, Jazz Box)

1-4 Step forward on R, pivot ¼ left, step forward on R, pivot ¼ left
5-8 Cross R over L, recover on L, step R beside L, step L beside R (6:00)

Step Lock Step Lock Step (Diagonally R), Step Lock Step Lock Step (Diagonally L)

1-2 Step forward on R, lock step L behind R
3&4 Step forward on R, lock step L behind R, step forward on R
5-6 Step forward on L, lock step R behind L
7&8 Step forward on L, lock step R behind L, step forward on L (6:00)

(Styling: Raise your arms and fly like a bird)

Rock, Recover, Touch, Unwind ½ Right, Rock, Recover, Coaster Step

1-4 Rock forward on R, recover on L, touch R behind L, unwind ½ right
5-6 Rock forward on L, recover on R
7&8 Step back on L, step R beside L, step forward on L (12:00)

Rock, Recover, Step, Touch, Walk ¾ Turn Left

1-4 Rock forward on R, recover on L, step back on R, touch L beside R
5-8 Walk ¾ turn left (L, R, L, scuff R) (3:00)

New Yorker, New Yorker

1-2 Rock R over L, recover on L
3&4 Chasse right (R, L, R)
5-6 Rock L over R, recover on R
7&8 Chasse left (L, R, L) ((3:00)

Rock, Recover, Step, Touch, Walk ¾ Turn Left

1-4 Rock forward on R, recover on L, step back on R, touch L beside R
5-8 Walk ¾ turn left (L, R, L, scuff R) (6:00)

Rock, Recover, Chasse Right ¼ Turn Right, Rock, Recover, Step, Touch

1-2 Rock R over L, recover on L
3&4 Chasse right turning ¼ turn right (R, L, R)
5-8 Cross L over R, recover on R, long step left on L, drag R and touch beside L (9:00)

Start Again

Tag & Restart: During wall 5 (12:00 o'clock) – after 32 counts do the 4 count tag then restart dance. The tag is 4 sways (R, L, R, L).

Ending: To end the dance - ¼ right shuffle to face front wall.
