

# Du Bist

拍數: 64      牆數: 4      級數: Improver  
編舞者: Joenan (AUS) - April 2013  
音樂: Du bist es - DJ Ötzi



Count in 64 counts

## Lindy Right, Lindy Left

1&2      Chasse right (R, L, R)  
3-4      Rock back on L, recover on R  
5&6      Chasse left (L, R, L)  
7-8      Rock back on R, recover on L (12:00)

## Pivot ¼ Left, Pivot ¼ Left, Jazz Box)

1-4      Step forward on R, pivot ¼ left, step forward on R, pivot ¼ left  
5-8      Cross R over L, recover on L, step R beside L, step L beside R (6:00)

## Step Lock Step Lock Step (Diagonally R), Step Lock Step Lock Step (Diagonally L)

1-2      Step forward on R, lock step L behind R  
3&4      Step forward on R, lock step L behind R, step forward on R  
5-6      Step forward on L, lock step R behind L  
7&8      Step forward on L, lock step R behind L, step forward on L (6:00)

(Styling: Raise your arms and fly like a bird)

## Rock, Recover, Touch, Unwind ½ Right, Rock, Recover, Coaster Step

1-4      Rock forward on R, recover on L, touch R behind L, unwind ½ right  
5-6      Rock forward on L, recover on R  
7&8      Step back on L, step R beside L, step forward on L (12:00)

## Rock, Recover, Step, Touch, Walk ¾ Turn Left

1-4      Rock forward on R, recover on L, step back on R, touch L beside R  
5-8      Walk ¾ turn left (L, R, L, scuff R) (3:00)

## New Yorker, New Yorker

1-2      Rock R over L, recover on L  
3&4      Chasse right (R, L, R)  
5-6      Rock L over R, recover on R  
7&8      Chasse left (L, R, L) ((3:00)

## Rock, Recover, Step, Touch, Walk ¾ Turn Left

1-4      Rock forward on R, recover on L, step back on R, touch L beside R  
5-8      Walk ¾ turn left (L, R, L, scuff R) (6:00)

## Rock, Recover, Chasse Right ¼ Turn Right, Rock, Recover, Step, Touch

1-2      Rock R over L, recover on L  
3&4      Chasse right turning ¼ turn right (R, L, R)  
5-8      Cross L over R, recover on R, long step left on L, drag R and touch beside L (9:00)

## Start Again

Tag & Restart: During wall 5 (12:00 o'clock) – after 32 counts do the 4 count tag then restart dance. The tag is 4 sways (R, L, R, L).

Ending: To end the dance -  $\frac{1}{4}$  right shuffle to face front wall.

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