

Rat-Trap

COPPER **KNOB**
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Easy Improver
編舞者: Madeleine Jones (UK) - March 2013
音樂: Rat Trap - Gregory S. Davies : (CD: Santiago LP)



Music - Available from :- <http://gregorysdavies.bandcamp.com>

32 count introduction. Start on vocals

Kick & Point x 2, Hitch Side Together x 2

1&2 Kick right foot forward, Step right in place, Point left toe out to left side.
3&4 Kick left foot forward, Step left in place, Point right toe out to right side.
5&6 Hitch right knee, Step right to right side, Step left beside right.
7&8 Hitch right knee, Step right to right side, Step left beside right.

Right Charleston step, Run back x 3, Forward, Together, Forward, Touch

1-2 Swing and touch right foot forward, Swing right foot around behind left stepping back on right.
3&4 Step back left, right, left.
5-6 Step right forward into right diagonal, Step left beside right.
7-8 Step right forward into right diagonal, Touch left beside right.

(Optional arm movements on 5 & 7 Push forward, on 6 & 8 Pull back)

Left vine turn ¼ left, Turn ¼ left hitch. Right side, Touch. Left side, Touch

1-4 Step left to left side, Step right behind left, Step left turning ¼ left, Hitch right turning ¼ left.
5-8 Step right to right side, Touch left beside right, Step left to left side, Touch right beside left.

Right mambo forward, Hip bumps back forward back, Right mambo back, Hip bumps forward back forward.

1&2 Rock forward on right, Recover on left, Step right beside left.
3&4 Stepping slightly back on left bumping hips back, forward, back ending with weight on left.
5&6 Rock back on right, Recover on left, Step right beside left.
7&8 Step slightly forward on left bumping hips forward, back, forward ending with weight on left.

Start again & enjoy.

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