

Not Here For A Long Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Shirley Blankenship (USA) - April 2013
音樂: We're Not Here for a Long Time - Huey Lewis & The News : (2001)



Start on lyrics

SHUFFLE FORWARD, ROCK-RECOVER, SHUFFLE BACK, ROCK-RECOVER

1&2 Shuffle Forward, (Rlr)
3-4 Rock Forward Right, Recover Left
5&6 Shuffle Back, (Lrl)
7-8 Rock Back Right, Recover Left

FORWARD TOUCH, BACK TOUCH, BACK TOUCH, FORWARD TOUCH

1-2 Right Forward, Touch Left Together
3-4 Left Back, Touch Right Together
5-6 Back Right, Touch Left Together
7-8 Forward Left, Touch Right Together

KICK BALL CHANGE TWICE, JAZZ 1/4 RIGHT

1&2 Kick Forward Right, Step On Ball Right, Weight On Left (Rrl)
3&4 Kick Forward Right, Step On Ball Right, Weight On Left (Rrl)
5-6 Cross Right Over Left, Step Back On Left
7-8 Step 1/4 Right, Cross Left Over Right

STEP TOUCH, RIGHT AND LEFT, STEP 1/4 RIGHT

1-2 Step Right To Side, Touch Left Beside Right
3-4 Step Left To Side, Touch Right Beside Left
5-6 Step 1/4 Right Step, Touch Left Beside
7-8 Step Left To Side, Touch Right Beside Left

REPEAT

HAVE FUN, ENJOY

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